



2004 SUN DEVIL TRACK & FIELD

1977 Men's NCAA Outdoor Team Champions • 1981 Men's Pac-10 Team Champions
Men: 14 NCAA Champions • 191 All-America Honors • 32 Pac-10 Champions
Women: 18 NCAA Champions • 162 All-America Honors • 43 Pac-10 Champions

www.TheSunDevils.com • www.TheSunDevils.com • www.TheSunDevils.com

ORDER OF MEETS

INDOOR SEASON

JANUARY

17	@ Northern Arizona Invite	1
31	@ UA/NAU Double Dual	1

FEBRUARY

7	@ United Heritage Invitational	2
7	@ Mountain 'T' Invitational	1
13-14	@ Bronco Invitational	2
13-14	@ Pac-10 Invitational	3
13-14	@ Tyson Foods Invitational	4

MARCH

6	@ Iowa State Last Chance	5
6	@ Washington Last Chance	3
12-13	@ NCAA Championships	4

OUTDOOR SEASON

MARCH

6	BILL SAWYER INVITATIONAL	Tempe
19-20	BALDY CASTILLO INVITE	Tempe
23-24	@ Arizona Multi-Event Meet	6
26	ASU INVITATIONAL	Tempe
26-27	@ Stanford Invitational	7

APRIL

2-3	@ Texas Relays	8
9	@ Mesa Classic	9
10	SUN ANGEL CLASSIC	Tempe
16-18	@ Mt. SAC Relays	10
21-24	@ Drake Relays	11
23-24	@ Oregon Invitational	12
23-24	@ UC San Diego Open	13

MAY

1	@ UA/NAU Double Dual	6
7-8	@ Pac-10 Multi-Event Champs.	6
14-15	@ Pac-10 Championships	6
22	@ Tucson Elite Classic	6
28-29	@ NCAA West Regional	14

JUNE

9-12	@ NCAA Championships	8
------	----------------------	---

LOCATION CODES

1 - Flagstaff, Ariz.; 2 - Boise, Idaho; 3 - Seattle; 4 - Fayetteville, Ark.; 5 - Ames, Iowa; 6 - Tucson; 7 - Palo Alto, Calif.; 8 - Austin, Texas; 9 - Mesa, Ariz.; 10 - Walnut, Calif.; 11 - Des Moines, Iowa; 12 - Eugene, Ore.; 13 - La Jolla, Calif.; 14 - Northridge, Calif.

TEAM INFORMATION

Head Coach (Jumps)	Greg Kraft (8th year)
Assistant (Distance)	Walt Drenth (8th)
Assistant (Sprints)	Darryl Anderson (8th)
Assistant (Throws)	David Dumble (3rd)
Assistant (Pole Vault)	Ron Barela (1st)
Assistant (Distance)	Louie Quintana (1st)
Grad Assist (Distance)	Liz Ackley (1st)
Vol. Assistant (Jumps)	Dwight Phillips
Manager	Rob Flynn
Track Office Phone	(480) 965-0016
Track Office FAX	(480) 965-8149
Athletic Trainer	Stephanie May

Pac-10 Track & Field Meet Awaits Sun Devils This Week

Women are in the team lead thanks to heptathlon victory by Johnson

TEMPE, Ariz. - The track and field championship season continues this weekend for the Arizona State program as the team sends its best to the 2004 Pac-10 Championships, May 14-15, at the Roy P. Drachman Stadium in Tucson, Ariz. The meet is the 74 annual event for the men and 18th annual for the women.

THE SCHEDULE OF COMPETITION

The two day track and field meet will be contested Friday and Saturday with starting times being pushed back later than normal on account of the desert heat. The field events open action Friday at 2:30 p.m. with the women's hammer while the running events get underway at 5:15 p.m. with the preliminaries of the women's 1,500m run. On Saturday, the men's hammer opens the final day of competition at 3 p.m. while the action on the track picks back up at 6 p.m. with the finals of the women's 4x100m relay. Action is slated to conclude each day sometime after 10 p.m.

JOHNSON CLAIMS CONFERENCE GOLD

Jacquelyn Johnson accumulated 5,603 points over the weekend to win the Pac-10 Heptathlon crown in Tucson to claim her first championship in the event and the first ever for an Arizona State heptathlete. Not only did her point total earn her the conference title, it also earned her an automatic berth into the NCAA Championships (June 9-12) in Austin, Texas, and a provisional entry into the USA Olympic Team Trials (July 9-18) in Sacramento. Johnson's 5,603 points ranks her second all-time in Sun Devil history and is third overall in the national lists.

ATHLETE OF THE WEEK

Not only did **Jacquelyn Johnson** earn her first Pac-10 title, she also garnered her first conference weekly honor it was announced Monday. Johnson was selected after winning the heptathlon and is the third Sun Devil to take home the accolade, joining **Amy Hastings** (April 24) for the women and **Domenik Peterson** (April 13) for the men.

KINNAMAN SETTLES FOR SECOND

Joshua Kinnaman held the lead in the decathlon following the first day of competition over the weekend, but could not hold onto the win as he finished as the runner-up with 7,484 points. His point total places him eighth in the national lists and sixth all-time in Arizona State history. He also just missed an automatic berth into the NCAA Championships as he needed 16 more points to break the 7,500 barrier and qualify for the national meet. In the conference meet, Kinnaman won the long jump and placed in the Top 3 in seven of the 10 contested events.

TAKE TWO

Not only did Joshua Kinnaman take second place in the decathlon over the weekend, he also earned a spot in an individual event this weekend. Already set to compete in the javelin this weekend, Kinnaman leaped to a mark of 7.27m (23-10.25) in the long jump to earn a spot in the event.

TEAM STANDINGS

With **Jacquelyn Johnson's** heptathlon victory and 10 team points earned, Arizona State is in first place on the women's side of the standings with California in second with eight. Oregon (six), Washington (five) and UCLA (five) round out the Top 5 teams.

On the men's side, Oregon used four decathletes to secure 25 points for a commanding lead as the Sun Devils sit second with the eight points earned by **Joshua Kinnaman**. California (three), UCLA (two) and Washington State (one) round out the men's teams with scores heading into the weekend competition in Tucson.

WORK AHEAD OF THEM

On the men's side, five athletes have qualified for three events at the Pac-10 Championships this weekend while two women share the same distinction. Added to the mix is one woman who qualified for four different events.

For the men, **Domenik Peterson** (100/200/400), **Aaron Aguayo** (1500/3000SC/5000), **Casey Burchill** (3000SC/5000/10000), **Joshua Kinnaman** (Decathlon/

Track Contact - Alex Ryan (alex.ryan@asu.edu) • **Phone** - (480) 965-4987 • **Fax** - (480) 965-5408

Long Jump/Javelin) and **Travis Jones** (Shot Put/Discus/Hammer) all have three events ahead of them while **Porchea Carroll** (100/200/Long Jump) and **Amy Hastings** (1500/3000SC/5000) will pull triple duty for the women. Added to that is four-time qualifier **Jacquelyn Johnson** (Heptathlon/100m hurdles/High Jump/Long Jump). With the multi-events already completed, Kinnaman will have two events to compete in this weekend while Johnson will tackle three.

WE'RE BACK ... AGAIN!

The Pac-10 Championships mark the third week in a row that the Arizona State track and field team will compete in Tucson, following the Double Dual on May 1 and the Pac-10 Multi Championships last weekend. Next week, the Sun Devils are back again for the Wildcat Classic.

GOING FOR RELAY HISTORY

For the last three years, the men's 4x400m relay team entered the Pac-10 Championships and returned home with the crown, tying the conference record for consecutive titles in the event with UCLA (1987-88-89). In the overall title count, USC holds the mark with a total of nine crowns secured while Arizona State sits second with seven total titles.

STEEPLE-CHASING PERFECTION

In 2000, the Pac-10 added the women's 3,000m steeplechase to the contested events at the championship meet with Sun Devil **Kelly MacDonald** taking the inaugural title. The following year, **Lisa Aguliera** took the gold before adding her second crown last year. This year, **Amy Hastings** will look to keep the title in Tempe as she enters the meet with the top time in the conference at 10:17.67, 11 seconds better than second place.

RETURNING CHAMPIONS

The Arizona State men and women return two and two Pac-10 champions, respectively, this season. On the men's side, **Lewis Banda** is back to defend his open 400m crown while also running on the 4x400m relay team. For the women, **Cassandra Reed** will look for her second 400m crown in a row while **Sandra Orsund** will do the same in the discus.

TAKE ME TO YOUR LEADERS!

Four men's events and two women's events are led by Sun Devil student-athletes heading into the conference meet this weekend. For the men, **Domenik Peterson** is tied for the 200m lead with Wes Felix of USC at 20.57 while **Lewis**

Banda holds the top time in the 400m at 45.23. Both the 4x100m and 4x400m relays for the men are ranked No. 1. On the women's side, **Amy Hastings'** 10:17.67 leads the 3,000m steeplechase while **Jacquelyn Johnson's** 5,603 points in the heptathlon over the weekend is the highest in the Pac-10 this year.

LAST YEAR IN LOS ANGELES

The women placed third and the men fifth at the 2003 Pac-10 Track and Field Championships, hosted by USC, last year. The Sun Devil women posted 109 points on their way to tying the highest finish for the program while also establishing the benchmark for points, surpassing the 104 recorded in 1993. The men tallied 82 points and saw its streak of seasons in a row with 100-plus point totals end at three. The finish also was the fifth year in a row the men placed in the Top 5.

BREAKING OUT THE BROOMS

For the second time this season, the Arizona State men and women's teams swept its intrastate rivals in the annual Double Dual, this time held in Tucson. On the men's side, the Sun Devils defeated Arizona, 104-96, and Northern Arizona, 130-60. The women posted similar scores as ASU downed the Wildcats, 103-95, and the Lumberjacks, 125-60. In the previous meeting, the Sun Devils handed defeats to both UA and NAU at the indoor dual, conducted Jan. 31 in Flagstaff.

TAVLARIDES VAULTING TO NEW HEIGHTS

Heading into the start of the 2004 season, no Sun Devil woman had ever cleared 12 feet in competition with Olivia Mazzaglia's mark of 11-6 in 2000 being the record (and only mark recorded over nine feet). Enter **Angela Tavlardides**, who has shattered the mark four times this season and cleared 12-feet twice. Last week, she reset the record mark at 3.80m (12-5.50) during the Double Dual.

MEN HIGH IN THE RANKINGS

In the latest Trackwire.com Top 25 rankings (May 10), the men are ranked eighth overall. In the same release, the women did not receive votes. In the power rankings, the men are ranked sixth while the women sit in 15th, both improvements from last weeks rankings.

MOVING ON UP

The men's 4x400m relay team was back at it again April 3 at the Texas Relays, breaking the school record in the event that was set before any of the four was born: 1977. The quartet of **Steve Fitch**,

PAC-10 TEAM STANDINGS

Following the heptathlon/decathlon

WOMEN

1. **Arizona State** **10**
2. California 8
3. Oregon 6
4. Washington 5
UCLA 5
6. Washington State 3
7. Arizona 2

MEN

1. Oregon 25
2. **Arizona State** **8**
3. California 3
4. UCLA 2
5. Washington State 1

HEPTATHLON STANDINGS

1. **Jacquelyn Johnson** (ASU) ... **5,603**
2. Brooke Meredith (Cal) 5,476
3. Abby Andrus (UO) 5,325
4. Grace Vela (UW) 5,225
5. Nastassja Hall (UCLA) 4,975
6. Julie Pickler (WSU) 4,938
7. Amanda Underwood (UA) 4,791
8. Georgea Richards (UCLA) 4,734

DECATHLON STANDINGS

1. Tommy Skipper (UO) 7,589
2. **Joshua Kinnaman** (ASU) **7,484**
3. Andy Young (UO) 7,372
4. Gabe LeMay (UO) 7,333
5. Ryan Voge (UO) 7,245
6. Scott Sobieralski (Cal) 7,215
7. Chris Staton (UCLA) 7,041
8. David Turpin (WSU) 6,817
9. Nick Taylor (Stan.) 6,501

Domenik Peterson, Jason Barton and **Lewis Banda** returned to Tempe after finishing third in the event at 3:01.51. The Sun Devils broke the previous school mark of 3:01.74 that was set by **Cliff McKenzie, Gerald Burl, Tony Darden** and **Herman Frazier**, a mark that stood for 27 years.

OLD RECORDS

Although the previous 4x400m relay mark was set numerous years ago, there are still four more marks on the men's lists that have been around longer. **Jerry Bright** holds the 200m mark at 20.29 while **Ron Freeman II** clocked a 44.41 in the 400m. Both marks were set in 1968. Two years later, **Chuck LaBenz** set the standard in the 1,500m and mile runs, both during the 1970 season.

FRESHMAN LEADING THE WAY

Along with the success of the rookie multi-event athletes (**Jacquelyn Johnson** and **Joshua Kinnaman**), there have been several other Sun Devils that have fared

well in their freshman campaigns this year. For the men, **Steven Koehneman** is among the top athletes in the nation at 100m and 200m while **Domenik Peterson** is near the top of the 400m event. **Brandon Glenn** and **Stephen Dolk** both are faring well in the pole vault with **Aaron Aguayo**, though he is a redshirt freshman this year, has qualified in both the 1,500m and 5,000m events at the regional and conference level.

Johnson has qualified in three individual events so far this year with marks recorded in the 100m hurdles, the high jump and the long jump.

ALL-AMERICANS

Members of the track and field program traveled to Fayetteville, Ark., for the 2004 NCAA Indoor Championships, March 14-15, and returned with stellar performances. Of the 10 athletes that competed in the national event, six returned home as All-Americans. Those Sun Devils included **Lewis Banda** (4x400m), **Jason Barton** (4x400m and 400m), **Domenik Peterson** (4x400m and 200m), **Seth Amoo** (4x400m), **Amy Hastings** (5,000m) and **Jacquelyn Johnson** (pentathlon).

As a team, the men finished tied for 12th with 17 points earned while the women took a tie for 27th with eight.

MORE FRESHMAN SUCCESS

Johnson was not the only Sun Devil freshman that had an impressive debut at the NCAA Championships. **Domenik Peterson** competed in three races to earn All-America honors twice while setting one school record. Individually, Peterson finished fourth in the 200m dash with an ASU record time of 20.54. He then anchored the men's 4x400m relay team to a third place finish.

LAST TIME OUT: PAC-10 MULTI-EVENTS

Jacquelyn Johnson won the gold in the women's heptathlon while fellow freshman **Joshua Kinnaman** placed second in the men's decathlon as the championship season got underway May 7-8 at the Pac-10 Multi-Event Championships in Tucson.

The remainder of the team had the weekend off from competition as they prepared for the Pac-10 Championships.

UP NEXT

The final tune-up of the season takes place next weekend as members of the team will travel to Tucson for the Wildcat Classic, May 22. From there, those Sun Devils that have earned berths will compete at the 2004 NCAA West Region Championships, slated for May 28-29, in Northridge, Calif.

2004 TRACK AND FIELD TEAM ROSTERS

MEN	EVENT	YR.	HOMETOWN (HIGH SCHOOL/LAST SCHOOL)
Cameron Abel	Pole Vault	So.	Chandler, Ariz. (Corona del Sol HS/Northern Arizona)
Aaron Aguayo	Distance	Fr. *	Phoenix, Ariz. (Mountain Pointe HS)
Seth Amoo	Sprints	Jr.	Palmdale, Calif. (Highland HS)
Lewis Banda	Sprints	So.	Bulawayo, Zimbabwe (Milton HS)
Lee Bartes	Hurdles	Sr.	Mesa, Ariz. (Mesa CC)
Jason Barton	Sprints	Jr. *	Phoenix, Ariz. (Westwood HS)
Casey Burchill	Distance	So.	Clovis, Calif. (Buchanan HS/Colorado Univ.)
Roger Cahill	Distance	So. *	Glendale, Ariz. (Mountain Ridge HS)
Ian Chestnut	Distance	Fr.	Spokane, Wash. (Joel Ferris HS)
Kal Clark	Distance	Fr.	Louisville, Ky. (South Oldham HS)
Jeremy Cramer	Distance	Fr. *	Boise, Idaho (Capital HS)
Jay DeGroot	Distance	Jr. *	Gilbert, Ariz. (Gilbert HS)
Jeff Dodge	Distance	Jr. *	Chandler, Ariz. (McClintock HS)
Stephen Dolk	Pole Vault	Fr.	Glendale, Ariz. (Ironwood HS)
J.J. Duke	Distance	So. *	Clovis, Calif. (Clovis HS)
Chris Duncan	Throws	Fr. *	Phoenix, Ariz. (Mountain Pointe HS)
Ryan Ehler	Decathlon	So.	Mesa, Ariz. (Skyline HS/Mesa CC)
Steve Fitch	Sprints	Sr.	San Ramon, Calif. (San Ramon HS/Chabot JC)
Brandon Glenn	Pole Vault	Fr.	Avondale, Ariz. (Westview HS)
Bruno Góes	Sprints	Fr.	Brasilia, Brazil (CEUB HS)
Greg Halver	Distance	Fr. *	Phoenix, Ariz. (Paradise Valley HS)
Brett Houser	Hurdles	Fr.	Apache Junction, Ariz. (Apache Junction HS)
Skylar Johnson	Pole Vault	Fr.	Bozeman, Mont. (Bozeman HS)
Travis Jones	Throws	Jr. *	San Diego, Calif. (Cal State Northridge)
Chris Kasik	Sprints	Jr.	Mesa, Ariz. (Red Mountain HS)
Joshua Kinnaman	Decathlon	Fr.	Chandler, Ariz. (Corona del Sol HS)
Steven Koehneman	Sprints	Fr.	Chandler, Ariz. (Corona del Sol HS)
Jason Kravitz	Throws	So. *	Beverly Hills, Calif. (Beverly Hills HS)
Griffin Lee	Distance	Fr. *	Shawnee, Kan. (Mill Valley HS)
Carlo Lozano	Distance	Fr.	Seattle, Wash. (Blanchet HS)
David Madden	Distance	Fr.	Portland, Ore. (Lincoln HS)
Dan Maher	Distance	Sr. *	Tucson, Ariz. (Salpointe Catholic HS)
Asokah Muhammad	Sprints	Jr.	Oakland, Calif. (St. Mary's HS)
Tomas Navarro	Throws	Fr.	Mesa, Ariz. (Highland HS)
Peter Ospitale	Jumps	Fr.	Cave Creek, Ariz. (Cactus Shadow HS)
Domenik Peterson	Sprints	Fr.	Jefferson City, Mo. (Jefferson City HS)
Sean Pierce	Pole Vault	Jr.	Mesa, Ariz. (Mesa HS/Paradise Valley CC)
Derek Pisel	Distance	Fr. *	Glendale, Ariz. (Mountain Ridge HS)
Kalé Pittman	Jumps	Jr.	Phoenix, Ariz. (Greenway HS/Phoenix College)
Trevell Quinley	Jumps	Jr.	Tracy, Calif. (Merrill F. West HS)
Juan Reyes	Distance	Jr. *	Phoenix, Ariz. (Carl Hayden HS)
Andrew Smith	Throws	Fr. *	Saginaw, Mich. (Heritage HS)
Ryan Warrenburg	Distance	So.	Franklin, Ind. (Franklin Community HS)
Jon Whaley	Pole Vault	So.	Tempe, Ariz. (Corona del Sol HS/Northern Arizona)
Dustin Williams	Distance	Fr.	Missoula, Mont. (Loyola Sacred Heart HS)
Ryan Zimmerman	Jumps	Jr.	Nipomo, Calif. (Arroyo Grande HS)
WOMEN	EVENT	YR.	HOMETOWN (HIGH SCHOOL/LAST SCHOOL)
Alvina Begay	Distance	Sr. *	Ganado, Ariz. (Ganado HS/Adams State Coll.)
Porchea Carroll	Sprints/Jumps	Jr.	Oxnard, Calif. (Rio Mesa HS)
Molly Clarke	Throws	Jr.	Santa Cruz, Calif. (Aptos HS/Chico State)
Jessica Crate	Distance	Fr.	Brights Grove, Ontario (Northern Collegiate I&VS)
Desiree Davila	Distance	Jr.	Chula Vista, Calif. (Hilltop HS)
Christina Hardeman	Sprints	So.	Sunnyvale, Calif. (Wilcox HS/De Anza CC)
Amy Hastings	Distance	Fr. *	Leavenworth, Kan. (Leavenworth HS)
Becky Holley	Throws	So.	Lakeside, Calif. (El Capitan HS)
Seneca Holmes	Hurdles/Sprints	Sr. *	Waddell, Ariz. (Westview HS)
Latoya Imadiyi	Sprints	Fr.	Chandler, Ariz. (Corona del Sol HS)
Jacquelyn Johnson	Heptathlon	Fr.	Yuma, Ariz. (Yuma HS)
Tinishia Johnson	Jumps	So. *	Reno, Nev. (Edward C. Reed HS)
Jennifer Kowacz	Throws	Jr.	Goodyear, Ariz. (Greenway HS/Northern Arizona)
Irene Ku	Throws	Fr.	Los Angeles, Calif. (HS)
Liz Lindgren	Distance	So. *	Klamath Falls, Ore. (Klamath Union HS)
Amanda Lyon	Distance	So. *	Phoenix, Ariz. (Desert Vista HS)
Anna Masinelli	Distance	Fr. *	Scottsdale, Ariz. (Xavier College Prep HS)
Jessie McLaughlin	Distance	Fr. *	Olympia, Wash. (Olympia HS)
Sandra Orsund	Throws	Sr.	Plymouth, Ind. (Plymouth HS)
Julia Pedersen	Throws	Jr.	Grand Forks, N.D. (Red River HS)
Stacy Perrault	Javelin	Fr.	Richland, Wash. (Richland HS)
Jana Pintz	Throws	So.	Waimanalu, Hawaii (Northern Colorado)
Jessica Pressley	Throws	Fr.	Elk Grove, Calif. (Laguna Creek HS)
Kristi Raban	Pole Vault	Jr.	Mesa, Ariz. (Mountain View HS/Paradise Valley CC)
Corey Randall	Distance	Fr.	Cincinnati, Ohio (Turpin HS)
Cassandra Reed	Sprints	Jr.	Avondale, Ariz. (Aqua Fria HS)
Cassie Rios	Distance	Fr.	Phoenix, Ariz. (Xavier Prep HS)
Jessica Scalzo	Distance	So.	Snoqualmie, Wash. (Mt. Si HS)
Sara Shisslak	Throws	Fr. *	Bisbee, Ariz. (Bisbee HS)
Marcia Smith	Sprints	Sr.	Stockbridge, Ga. (Stephenson HS/Clemson)
Angela Tavlirides	Pole Vault	Jr.	Phoenix, Ariz. (Shadow Mountain HS/Mesa CC)
Kandace Tucker	Sprints	So.	Irving, Texas (MacArthur HS)
Katrice Walton	Sprints	So.	Detroit, Mich. (Cass Technical HS)
Jenna Wrieden	Distance	Fr. *	Glendale, Ariz. (Mountain Ridge HS)

*Redshirt Year Used

2004 ARIZONA STATE WOMEN'S TOP TIMES - OUTDOOR

NCAA Regional - \$ NCAA National Auto - & NCAA National Provisional - • Pac-10 - ! School Record - \$ Collegiate Record - h Hand Timed - d Heptathlon

RUNNING EVENTS

100 METER DASH

NCAA Regional/Pac-10: 11.78 / 12.04

11.69	•	Kandace Tucker (+0.2)		Double Dual (5/1)
11.80	•	Porchea Carroll (+1.6)		Mt. SAC Relays (4/18)
12.38		Katrice Walton (+0.2)		Double Dual (5/1)

100 METER HURDLES

NCAA Regional/Pac-10: 13.95 / 14.34

13.53	# • d	Jacquelyn Johnson (+1.3)		Arizona Multi Events (3/23)
-------	-------	--------------------------	-------	-----------------------------

200 METER DASH

NCAA Regional/Pac-10: 23.96 / 24.64

23.57	# •	Kandace Tucker (+0.2)		Double Dual (5/1)
23.86	# •	Cassandra Reed (-0.7)		ASU Invite (3/26)
24.31	•	Marcia Smith (+0.6)		Double Dual (5/1)
24.35	•	Christina Hardeman (+0.6)		Double Dual (5/1)
24.47	•	Porchea Carroll (+0.7)		Sun Angel Classic (4/10)
24.75	d	Jacquelyn Johnson (+1.6)		Arizona Multi Events (3/23)
24.86		Katrice Walton (+0.2)		Double Dual (5/1)
24.92		Tinishia Johnson (+1.0)		Sun Angel Classic (4/10)

400 METER DASH

NCAA Regional/Pac-10: 54.61 / 55.44

52.23	# •	Cassandra Reed		Double Dual (5/1)
54.15	# •	Christina Hardeman		Double Dual (5/1)
54.86	•	Marcia Smith		Double Dual (5/1)
56.55		Tinishia Johnson		ASU Invite (3/26)
57.74		Katrice Walton		ASU Invite (3/26)

400 METER HURDLES

NCAA Regional/Pac-10: 1:00.82 / 1:02.04

1:03.41		Jacquelyn Johnson		Double Dual (5/1)
---------	--	-------------------	-------	-------------------

800 METER RUN

NCAA Regional/Pac-10: 2:10.29 / 2:11.14

2:12.69		Jessie McLaughlin		Oregon Invitational (4/24)
2:13.77		Desiree Davila		Double Dual (5/1)

1,500 METER RUN

NCAA Regional/Pac-10: 4:29.12 / 4:40.14

4:21.73	# •	Amy Hastings		Sun Angel Classic (4/10)
4:28.55	# •	Desiree Davila		Baldy Castillo Invite (3/19)
4:36.30	•	Anna Masinelli		Baldy Castillo Invite (3/19)
4:38.47	•	Jessie McLaughlin		Baldy Castillo Invite (3/19)
4:45.59		Liz Lindgren		Baldy Castillo Invite (3/19)
4:47.45		Alvina Begay		Bill Sawyer Invite (3/6)
4:48.57		Jenna Wrieden		Baldy Castillo Invite (3/19)

MILE RUN

NCAA Regional/Pac-10: 4:50.80 / 5:01.14

No Marks

2,000 STEEPLECHASE

NCAA Regional/Pac-10: not contested at either meet

7:22.47		Liz Lindgren		Bill Sawyer Invite (3/6)
---------	--	--------------	-------	--------------------------

3,000 STEEPLECHASE

NCAA Regional/Pac-10: 10:57.18 / 11:10.14

10:17.67	# •	Amy Hastings		Oregon Invitational (4/24)
10:52.34	# •	Liz Lindgren		Oregon Invitational (4/24)
11:06.47	•	Anna Masinelli		Sun Angel Classic (4/10)

3,000 METER RUN

NCAA Regional/Pac-10: not contested at either meet

10:10.86		Alvina Begay		ASU Invite (3/26)
10:24.00		Jenna Wrieden		ASU Invite (3/26)

5,000 METER RUN

NCAA Regional/Pac-10: 16:56.43 / 17:30.14

16:02.53	# •	Amy Hastings		Mt. SAC Relays (4/16)
16:49.34	# •	Desiree Davila		Oregon Invitational (4/24)
17:28.91	•	Alvina Begay		Oregon Invitational (4/24)

10,000 METER RUN

NCAA Auto/NCAA Provisional/Pac-10: 34:10.00 / 35:15.00 / no standard

No Marks

RELAYS

4X100 METER RELAY

NCAA Regional/Pac-10: 45.80 / no standard

44.79	#	Arizona State 'B'		Double Dual (5/1)
Porchea Carroll, Cassandra Reed, Marcia Smith, Kandace Tucker				
45.08	#	Arizona State 'A'		Baldy Castillo Invite (3/20)
Porchea Carroll, Cassandra Reed, Jacquelyn Johnson, Kandace Tucker				

4X400 METER RELAY

NCAA Regional/Pac-10: 3:43.03 / no standard

3:36.91	#	Arizona State 'A'		Sun Angel Classic (4/10)
Tinishia Johnson, Kandace Tucker, Christina Hardeman, Cassandra Reed				

4X800 METER RELAY

NCAA Regional/Pac-10: not competed at either meet

9:05.39		Arizona State 'A'		Baldy Castillo Invite (3/20)
Anna Masinelli, Jessie McLaughlin, Desiree Davila, Amy Hastings				

MULTI-EVENTS

HEPTATHLON

NCAA Auto/NCAA Provisional/Pac-10: 5,500 / 5,000 / 4,400 (no regional)

5,603	\$ •	Jacquelyn Johnson		Pac-10 Multi Championships (5/7-8)
-------	------	-------------------	-------	------------------------------------

Top Heptathlon Individual Event Marks

Jacquelyn Johnson

100m Hurdles	13.53 (+1.9)		Arizona Multi Event (3/23)
High Jump	1.76m (5-9.25)		Arizona Multi Event (3/23)
Shot Put	12.10m (39-8.25)		Arizona Multi Event (3/23)
200m Dash	24.75 (+1.6)		Arizona Multi Event (3/23)
Long Jump	5.98 (19-07.50)		Arizona Multi Event (3/24)
Javelin	36.42m (119-06)		Pac-10 Multi Champs. (5/8)
800m Run	2:20.88		Pac-10 Multi Champs. (5/8)
Day One Total	3,522 points		Arizona Multi Event (3/23)
Day Two Total	2,182 points		Pac-10 Multi Champs. (5/8)

2004 ARIZONA STATE WOMEN'S TOP TIMES - OUTDOOR

NCAA Regional - \$ NCAA National Auto - & NCAA National Provisional - • Pac-10 - ! School Record - \$ Collegiate Record - h Hand Timed - d Heptathlon

FIELD EVENTS

LONG JUMP

NCAA Regional/Pac-10: 5.93m / 5.80m

6.10m	20-00.25	# •	Tinishia Johnson (+4.9)	Sun Angel Classic (4/10)
6.07m	19-11.00	# •	Porchea Carroll (+0.7)	Double Dual (5/1)
5.98m	19-97-50	# • d	Jacquelyn Johnson (+1.5)	Arizona Multi Event (3/24)

TRIPLE JUMP

NCAA Regional/Pac-10: 12.26m / 12.00m

11.67m	38-03.50		Tinishia Johnson (+0.0)	Double Dual (5/1)
--------	----------	--	-------------------------	-------------------

HIGH JUMP

NCAA Regional/Pac-10: 1.73m / 1.70m

1.76m	5-09.25	# • d	Jacquelyn Johnson	Arizona Multi Event (3/23)
NH			Angela Tavlirides	Double Dual (5/1)

POLE VAULT

NCAA Regional/Pac-10: 3.75m / 3.80m

3.80m	12-05.50	# • @	Angela Tavlirides	Double Dual (5/1)
3.40m	11-01.75		Kristi Raban	Double Dual (5/1)
NH			Michelle Lang	Bill Sawyer Invite (3/6)

SHOT PUT

NCAA Regional/Pac-10: 14.24m / 13.25m

16.04m	52-07.50	# •	Julia Pedersen	UC San Diego Open (4/24)
15.64m	51-03.75	# •	Jennifer Kowacz	Mt. SAC Relays (4/18)
12.10m	39-08.50		Jacquelyn Johnson	Arizona Multi Event (3/23)
11.74m	38-06.25		Molly Clarke	Double Dual (5/1)

HAMMER THROW

NCAA Regional/Pac-10: 52.84m / 52.00m

57.33m	188-01	# •	Jennifer Kowacz	Sun Angel Classic (4/10)
51.79m	169-11		Sandra Orsund	Baldy Castillo Invite (3/19)
42.81m	140-05		Sara Shisslak	Double Dual (5/1)
41.74m	136-11		Molly Clarke	Bill Sawyer Invite (3/6)

DISCUS

NCAA Regional/Pac-10: 46.58m / 46.00m

54.18m	177-09	# •	Julia Pedersen	Double Dual (5/1)
52.79m	173-02	# •	Sandra Orsund	Sun Angel Classic (4/10)
44.82m	147-00		Molly Clarke	UC San Diego Open (4/24)
38.17m	125-03		Sara Shisslak	Bill Sawyer Invite (3/6)

JAVELIN

NCAA Regional/Pac-10: 42.61m / 43.50m

43.15m	141-07	#	Jana Pintz	Baldy Castillo Invite (3/19)
41.60m	136-06		Jacquelyn Johnson	Baldy Castillo Invite (3/19)
37.46m	122-11		Stacy Perrault	Bill Sawyer Invite (3/6)
32.61m	107-00		Julia Pedersen	Double Dual (5/1)

MEET LOCATIONS

Bill Sawyer Invitational

March 6 Tempe, Ariz.

Baldy Castillo Invitational

March 19-20 Tempe, Ariz.

Arizona Multi Event

March 23-24 Tucson, Ariz.

Arizona State Invitational

March 26 Tempe, Ariz.

Stanford Invitational

March 26-27 Palo Alto, Calif.

Texas Relays

April 2-3 Austin, Texas

Mesa Classic

April 9 Mesa, Ariz.

Sun Angel Classic

April 10 Tempe, Ariz.

Mt. SAC Relays

April 16-18 Walnut, Calif.

Drake Relays

April 21-24 Des Moines, Iowa

Oregon Invitational

April 23-24 Eugene, Ore.

UC San Diego Open

April 23-24 LaJolla, Calif.

Double Dual (ASU, UA, NAU)

May 1 Tucson, Ariz.

Pac-10 Multi Championships

May 7-8 Tucson, Ariz.

Pac-10 Championships

May 14-15 Tucson, Ariz.

Wildcat Classic

May 22 Tucson, Ariz.

NCAA West Region Championships

May 28-29 Northridge, Calif.

NCAA Outdoor Championships

June 9-12 Austin, Texas

USA Olympic Team Trials

July 9-18 Sacramento, Calif.

2004 ARIZONA STATE MEN'S TOP TIMES - OUTDOOR

NCAA Regional - \$ NCAA National Auto - & NCAA National Provisional - • Pac-10 - ! School Record - \$ Collegiate Record - h Hand Timed - d Decathlon

RUNNING EVENTS

100 METER DASH

NCAA Regional/Pac-10: 10.50 / 10.74

10.39	# •	Steven Koehneman (+0.0)	Baldy Castillo Invite (3/20)
10.42	# •	Seth Amoo (+0.0)	Double Dual (5/1)
10.43	# •	Domenik Peterson (+0.0)	Double Dual (5/1)
10.78	d	Joshua Kinnaman (+0.9)	Arizona Multi Event (3/23)
10.81		Trevell Quinley (+0.0)	Baldy Castillo Invite (3/20)
11.01		Asokah Muhammad (+0.0)	Bill Sawyer Invite (3/6)
11.10		Chris Kasik (+0.0)	Bill Sawyer Invite (3/6)
11.62		Kalé Pittman (+0.8)	Bill Sawyer Invite (3/6)
13.13		Bruno Góes (+0.0)	Bill Sawyer Invite (3/6)

110 METER HURDLES

NCAA Regional/Pac-10: 14.33 / 14.74

15.72		Joshua Kinnaman (+0.5)	Double Dual (5/1)
15.76		Chris Kasik (+0.0)	Baldy Castillo Invite (3/20)

200 METER DASH

NCAA Regional/Pac-10: 21.19 / 21.44

20.62	# •	Domenik Peterson (-0.6)	Sun Angel Classic (4/10)
20.66	# •	Seth Amoo (+0.0)	Double Dual (5/1)
20.72	# •	Lewis Banda (+0.0)	Baldy Castillo Invite (3/20)
21.07	# •	Steven Koehnmann (+1.0)	Sun Angel Classic (4/10)
21.65		Jason Barton (+0.0)	Baldy Castillo Invite (3/20)
22.16		Steve Fitch (-0.8)	ASU Invite (3/26)
22.65		Kalé Pittman (+0.0)	Baldy Castillo Invite (3/20)
DNF		Bruno Góes (+0.0)	Bill Sawyer Invite (3/6)

400 METER DASH

NCAA Regional/Pac-10: 47.26 / 47.84

45.23	# •	Lewis Banda	Sun Angel Classic (4/10)
45.57	# •	Jason Barton	Double Dual (5/1)
46.01	# •	Domenik Peterson	Baldy Castillo Invite (3/20)
46.68	# •	Steve Fitch	Double Dual (5/1)
49.65	d	Joshua Kinnaman	Arizona Multi Event (3/23)

400 METER HURDLES

NCAA Regional/Pac-10: 52.51 / 53.64

53.10	• h	Lee Bartes	Baldy Castillo Invite (3/19)
59.10		Derek Pisel	Double Dual (5/1)

800 METER RUN

NCAA Regional/Pac-10: 1:50.62 / 1:51.44

1:51.05	•	Dan Maher	ASU Invite (3/26)
1:51.40	•	Jeff Dodge	Baldy Castillo Invite (3/20)
1:51.74		Jay DeGroot	Baldy Castillo Invite (3/20)
1:51.86		Greg Halver	Baldy Castillo Invite (3/20)
1:59.27		Jeremy Cramer	Baldy Castillo Invite (3/20)

1,500 METER RUN

NCAA Regional/Pac-10: 3:48.21 / 3:50.14

3:45.14	# •	Dan Maher	Baldy Castillo Invite (3/19)
3:45.17	# •	Roger Cahill	Baldy Castillo Invite (3/19)
3:45.55	# •	Aaron Aguayo	Baldy Castillo Invite (3/19)
3:52.19		Ryan Warrenburg	Baldy Castillo Invite (3/19)
3:54.18		Juan Reyes	Sun Angel Classic (4/10)
3:56.58		Jeff Dodge	Bill Sawyer Invite (3/6)
3:56.73		Casey Burchill	Bill Sawyer Invite (3/6)
3:57.22		J.J. Duke	Bill Sawyer Invite (3/6)
3:58.29		Jay DeGroot	Bill Sawyer Invite (3/6)
3:58.89		Jeremy Cramer	Baldy Castillo Invite (3/19)
4:07.47		Greg Halver	Bill Sawyer Invite (3/6)
4:10.08		Griffin Lee	Mesa Classic (4/9)
5:04.18	d	Joshua Kinnaman	Arizona Multi Event (3/24)

3,000 METER RUN - NCAA Regional/Pac-10: not contested at either meet

8:26.41		Casey Burchill	Double Dual (5/1)
8:28.50		Juan Reyes	Double Dual (5/1)
9:13.15		Griffin Lee	ASU Invite (3/26)

3,000 METER STEEPLECHASE

NCAA Regional/Pac-10: 9:08.15 / 9:09.14

8:51.89	# •	Aaron Aguayo	Oregon Invitational (4/24)
8:59.60	# •	Ryan Warrenburg	Oregon Invitational (4/24)
9:19.98		Casey Burchill	Sun Angel Classic (4/10)
9:42.38		J.J. Duke	Double Dual (5/1)
9:47.54		Derek Pisel	Sun Angel Classic (4/10)

5,000 METER RUN

NCAA Regional/Pac-10: 14:18.58 / 14:35.14

14:06.88	# •	Aaron Aguayo	Stanford Invite (3/26)
14:14.51	# •	Roger Cahill	Stanford Invite (3/26)
14:15.43	# •	Casey Burchill	Oregon Invitational (4/24)
14:39.06		Juan Reyes	Oregon Invitational (4/24)
14:54.52		J.J. Duke	Oregon Invitational (4/24)
16:26.33		Griffin Lee	Baldy Castillo Invite (3/19)
16:36.42		Derek Pisel	Baldy Castillo Invite (3/19)

10,000 METER RUN

NCAA Auto/NCAA Provisional/Pac-10: 29:00.00 / 29:45.00 / no standard

29.48.62		Casey Burchill	Stanford Invite (3/26)
30:39.81		J.J. Duke	Stanford Invite (3/26)

RELAYS

4X100 METER RELAY

NCAA Regional/Pac-10: 40.66 / no standard

39.21	#	Arizona State 'A'	Double Dual (5/1)
Steven Koehnmann, Domenik Peterson, Seth Amoo, Lewis Banda			

4X400 METER RELAY

NCAA Regional/Pac-10: 3:10.84 / no standard

3:01.51	# !	Arizona State 'A'	Texas Relays (4/3)
Steve Fitch, Domenik Peterson, Jason Barton, Lewis Banda			
3:09.37	#	Arizona State 'B'	Double Dual (5/1)
Jason Barton, Seth Amoo, Steve Fitch, Lewis Banda			

4X800 METER RELAY

NCAA Regional/Pac-10: not contested / not contested

7:30.16		Arizona State 'A'	Drake Relays (4/23)
Greg Halver, Jay DeGroot, Jeff Dodge, Dan Maher			

DISTANCE MEDLEY RELAY

NCAA Regional/Pac-10: not contested / not contested

9:57.85		Arizona State 'A'	Drake Relays (4/24)
Jeff Dodge, Steve Fitch, Jay DeGroot, Dan Maher			

MULTI-EVENTS

DECATHLON

NCAA Auto/NCAA Provisional/Pac-10: 7,500 / 7,000 / 6,800 (no regional)

7,484	& •	Joshua Kinnaman	Pac-10 Multi Champs. (5/7-8)
-------	-----	-----------------	------------------------------

Top Decathlon Individual Event Marks

Joshua Kinnaman

100m Dash	10.78 (+0.9)	Arizona Multi Event (3/23)
Long Jump	7.27m (23-10.25)(+1.7)	Pac-10 Multi Champs. (5/7)
Shot Put	12.76m (41-10.50)	Pac-10 Multi Champs. (5/7)
High Jump	1.95m (6-4.75)	Arizona Multi Event (3/23)
400m Dash	49.65	Arizona Multi Event (3/23)
110m Hurdles	15.84 (+0.1)	Pac-10 Multi Champs. (5/8)
Discus	42.46m (139-04)	Pac-10 Multi Champs. (5/8)
Pole Vault	4.50m (14-09.00)	Pac-10 Multi Champs. (5/8)
Javelin	61.04m (200-03)	Arizona Multi Event (3/24)
1,500m Run	4:57.42	Pac-10 Multi Champs. (5/8)
First Day Total	3,995 points	Pac-10 Multi Champs. (5/7)
Second Day Total	3,489 points	Pac-10 Multi Champs. (5/8)

2004 ARIZONA STATE MEN'S TOP TIMES - OUTDOOR

NCAA Regional - \$ NCAA National Auto - & NCAA National Provisional - • Pac-10 - ! School Record - \$ Collegiate Record - h Hand Timed - d Decathlon

FIELD EVENTS

LONG JUMP

NCAA Regional/Pac-10: 7.34m / 7.30m

7.50m	24-07.25	# •	Trevell Quinley (+1.6)	ASU Invite (3/26)
6.95m	22-04.25		Joshua Kinnaman (+0.3)	Sun Angel Classic (4/10)
6.95m	22-09.75		Kalé Pittman (+3.4)	Bill Sawyer Invite (3/6)
6.93m	22-09.00		Asokah Muhammad (+0.8)	Double Dual (5/1)

TRIPLE JUMP

NCAA Regional/Pac-10: 15.08m / 14.50m

14.22m	46-08.00		Asokah Muhammad (+0.0)	ASU Invite (3/26)
13.84m	45-05.00		Joshua Kinnaman (+0.2)	Double Dual (5/1)

HIGH JUMP

NCAA Regional/Pac-10: 2.10m / 2.05m

2.15m	7-00.50	# •	Trevell Quinley	Sun Angel Classic (4/10)
1.95m	6-04.75	d	Joshua Kinnaman	Arizona Multi Event (3/23)
1.90m	6-02.75		Kalé Pittman	Double Dual (5/1)
1.87m	6-01.50		Peter Ospitale	Bill Sawyer Invite (3/6)

POLE VAULT

NCAA Regional/Pac-10: 5.00m / 5.00m

5.15m	16-10.75	# •	Brandon Glenn	Sun Angel Classic (4/10)
5.02m	16-05.50	# •	Stephen Dolk	UC San Diego Open (4/24)
4.55m	14-11.00		Jon Whaley	Double Dual (5/1)
4.55m	14-11.00		Cameron Abel	Double Dual (5/1)
4.30m	14-01.25		Joshua Kinnaman	Mesa Classic (4/9)

SHOT PUT

NCAA Regional/Pac-10: 16.47m / 17.00m

17.40m	57-01.00	# •	Travis Jones	Double Dual (5/1)
16.16m	53-00.25		Andrew Smith	Bill Sawyer Invite (3/6)
12.93m	42-05.25		Joshua Kinnaman	UC San Diego Open (4/24)

HAMMER THROW

NCAA Regional/Pac-10: 55.63m / 58.00m

58.59m	192-03	# •	Travis Jones	ASU Invite (3/26)
52.42m	172-00		Andrew Smith	Baldy Castillo Invite (3/19)
50.97m	167-03		Chris Duncan	Double Dual (5/1)

DISCUS

NCAA Regional/Pac-10: 51.37m / 51.50m

51.44m	168-09	#	Travis Jones	Double Dual (5/1)
49.50m	162-05		Jason Kravitz	Bill Sawyer Invite (3/6)
48.97m	160-08		Chris Duncan	Double Dual (5/1)
41.91m	137-06		Joshua Kinnaman	Mesa Classic (4/9)

JAVELIN

NCAA Regional/Pac-10: 61.62m / 60.00m

61.04m	200-03	• d	Joshua Kinnaman	Arizona Multi Event (3/24)
56.21m	184-05		Andrew Smith	Sun Angel Classic (4/10)

MEET LOCATIONS

Bill Sawyer Invitational

March 6 Tempe, Ariz.

Baldy Castillo Invitational

March 19-20 Tempe, Ariz.

Arizona Multi

March 23-24 Tucson, Ariz.

Arizona State Invitational

March 26 Tempe, Ariz.

Stanford Invitational

March 26-27 Palo Alto, Calif.

Texas Relays

April 2-3 Austin, Texas

Mesa Classic

April 9 Mesa, Ariz.

Sun Angel Classic

April 10 Tempe, Ariz.

Mt. SAC Relays

April 16-18 Walnut, Calif.

Drake Relays

April 21-24 Des Moines, Iowa

Oregon Invitational

April 23-24 Eugene, Ore.

UC San Diego Open

April 23-24 LaJolla, Calif.

Double Dual (ASU, UA, NAU)

May 1 Tucson, Ariz.

Pac-10 Multi Championships

May 7-8 Tucson, Ariz.

Pac-10 Championships

May 14-15 Tucson, Ariz.

Wildcat Classic

May 22 Tucson, Ariz.

NCAA West Region Championships

May 28-29 Northridge, Calif.

NCAA Outdoor Championships

June 9-12 Austin, Texas

USA Olympic Team Trials

July 9-18 Sacramento, Calif.

2004 WOMEN'S SEASON RESULTS - OUTDOOR

! NCAA Auto; ^ NCAA Provisional; # NCAA Region; * Pac-10; @ School Record; \$ NCAA Record; [] PR

Updated May 9, 2004

Alvina Begay [Sr., Ganado, Ariz./Adams State College]

1,500m Run []

Bill Sawyer Invite (3/6) 4:47.45 2nd
Sun Angel Classic (4/10) 4:52.29 21st

3,000m Run []

ASU Invite (3/26) 10:10.86 1st
Double Dual (5/1) 10:24.31 1st

5,000m Run []

Oregon Invitational (4/24) * 17:28.91 14th

Porchea Carroll [Jr., Oxnard, Calif./Rio Mesa HS]

100m Dash []

Bill Sawyer Invite (3/6) 12.18 (+0.4) 1st
Baldy Castillo Invite (3/20) 12.05 (+0.0) 4th
ASU Invite (3/26) 12.04 (-0.8) 3rd
Texas Relays (4/2) P 12.06 (+2.5) 28th
Sun Angel Classic (4/10) * 11.98 (+0.2) 7th
Mt. SAC Relays (4/18) F * 11.80 (+1.6) 7th
Double Dual (5/1) * 11.90 (+0.2) 3rd

200m Dash []

Bill Sawyer Invite (3/6) 24.79 (+1.2) 1st
Sun Angel Classic (4/10) * 24.47 (+0.7) 7th
Double Dual (5/1) * 24.54 (+0.6) 7th

Long Jump []

Baldy Castillo Invite (3/20) F # * 5.95m (19-06.25)(+0.0) 3rd
Sun Angel Classic (4/10) F 5.75m (18-10.50)(+0.2) 6th
Mt. SAC Relays (4/18) F 5.78m (18-11.75)(+1.9) 18th
Double Dual (5/1) F # * 6.07m (19-11.00)(+0.7) 1st

Molly Clarke [Jr., Santa Cruz, Calif./Chico State]

Discus []

Bill Sawyer Invite (3/6) F 41.98m (137-09) 2nd
Baldy Castillo Invite (3/20) F 42.71m (140-01) 8th
ASU Invite (3/26) F 43.59m (143-00) 9th
Sun Angel Classic (4/10) F 43.75m (143-06) 8th
UCSD Triton Open (4/24) F 44.82m (147-00) 31st
Double Dual (5/1) F 44.51m (146-00) 5th

Hammer Throw []

Bill Sawyer Invite (3/6) F 41.74m (136-11) 7th

Shot Put []

Double Dual (5/1) F 11.74m (38-06.25) 8th

Desiree Davila [Jr., Chula Vista, Calif./Hilltop HS]

800m Run []

Double Dual (5/1) 2:13.77 3rd

1,500m Run []

Baldy Castillo Invite (3/19) # * 4:28.55 2nd
Sun Angel Classic (4/10) * 4:30.69 8th
Double Dual (5/1) * 4:37.00 1st

5,000m Run []

Oregon Invitational (4/24) # * 16:49.34 3rd

Christina Hardeman [So., Sunnyvale, Calif./De Anza CC]

200m Dash []

ASU Invite (3/26) 24.85 (-0.7) 4th
Double Dual (5/1) * 24.35 (+0.6) 5th

400m Dash []

Baldy Castillo Invite (3/20) * 55.13 3rd
ASU Invite (3/26) * 55.04 1st
Sun Angel Classic (4/10) 56.17 8th
Double Dual (5/1) # * 54.15 3rd

Amy Hastings [Fr., Leavenworth, Kan./Leavenworth HS]

1,500m Run - [4:21.73]

Sun Angel Classic (4/10) # * 4:21.73 2nd

3,000m Steeplechase - [10:17.67]

Oregon Invitational (4/24) # * 10:17.67 2nd
Double Dual (5/1) # * 10:46.10 1st

5,000m Run - [16:02.53]

Mt. SAC Relays (4/16) # * 16:02.53 7th

Jacquelyn Johnson [Fr., Yuma, Ariz./Yuma HS]

Heptathlon - [5,603 points] (individual marks page 13)

Mike Maynard Multi (3/23-24) did not finish --
Pac-10 Multi Championships (5/7-8) ! * 5,603 1st

100m Hurdles - [13.53]

Baldy Castillo Invite (3/20) # * 13.83 (+0.0) 2nd
UCSD Triton Open (4/24) # * 13.95 (-0.6) 4th
Double Dual (5/1) # * 13.88 (+0.0) 3rd

400m Hurdles - [1:03.41]

Double Dual (5/1) 1:03.41 2nd

High Jump [1.76m/5-09.25]

Mt. SAC Relays (4/18) NH
UCSD Triton Open (4/24) NH
Double Dual (5/1) * 1.70m (5-07.00) 1st

Javelin []

Baldy Castillo Invite (3/20) F 41.60m (136-06) 8th
Sun Angel Classic (4/10) F 39.11m (128-04) 5th

Long Jump []

UCSD Triton Open (4/24) # * 5.93m (19-05.50)(+1.8) 4th

Shot Put []

Baldy Castillo Invite (3/20) F 11.83m (38-09.75) 9th
Sun Angel Classic (4/10) P 10.98m (36-00.25) 15th

Tinishia Johnson [So., Reno, Nev./Edward C. Reed HS]

200m Dash []

Bill Sawyer Invite (3/6) 24.99 (+1.2) 2nd
ASU Invite (3/26) 24.95 (-1.9) 5th
Sun Angel Classic (4/10) 24.92 (+1.0) 12th

400m Dash []

Bill Sawyer Invite (3/6) 58.14 1st
ASU Invite (3/26) 56.55 4th

Long Jump []

Baldy Castillo Invite (3/20) F # * 5.94m (19-06.00)(+0.0) 4th
ASU Invite (3/26) F 5.50m (18-00.50)(-4.3) 6th
Sun Angel Classic (4/10) F # * 6.10m (20-00.25)(+4.9) 3rd
Mt. SAC Relays (4/18) F * 5.90m (19-04.25)(+1.7) 13th
Double Dual (5/1) F * 5.91m (19-04.75)(+0.2) 3rd

Triple Jump []

Double Dual (5/1) F 11.67m (38-03.50)(+0.0) 2nd

Jennifer Kowacz [Jr., Goodyear, Ariz./Northern Arizona]

Hammer Throw []

Baldy Castillo Invite (3/20) F # * 54.72m (179-06) 3rd
ASU Invite (3/26) F * 53.98m (177-01) 5th
Sun Angel Classic (4/10) F # * 57.33m (188-01) 6th
Mt. SAC Relays (4/16) F # * 56.61m (185-09) 5th

Shot Put []

Sun Angel Classic (4/10) F # * 15.06m (49-05.00) 5th
Mt. SAC Relays (4/18) F # * 15.64m (51-03.75) 10th

Liz Lindgren [So., Klamath Falls, Ore./Klamath Union HS]

1,500m Run []

Baldy Castillo Invite (3/19) 4:45.59 10th

2,000m Steeplechase []

Bill Sawyer Invite (3/6) 7:22.47 1st

3,000m Steeplechase []

ASU Invite (3/26) 11:14.06 1st
Sun Angel Classic (4/10) * 11:05.50 4th
Oregon Invitational (4/24) # * 10:52.34 6th
Double Dual (5/1) 11:14.46 2nd

2004 WOMEN'S SEASON RESULTS - OUTDOOR

! NCAA Auto; ^ NCAA Provisional; # NCAA Region; * Pac-10; @ School Record; \$ NCAA Record; ; [] PR

Updated May 9, 2004

Anna Masinelli [Fr., Scottsdale, Ariz./Xavier College Prep]

1,500m Run []

Baldy Castill Invite (3/19) * 4:36.80 5th

3,000m Steeplechase []

Sun Angel Classic (4/10) * 11:06.47 5th

Jessie McLaughlin [Fr., Olympia, Wash./Olympia HS]

800m Run []

ASU Invite (3/26) 2:13.87 3rd

Oregon Invitational (4/24) 2:12.69 4th

Double Dual (5/1) 2:14.17 4th

1,500m Run []

Baldy Castillo Invite (3/19) * 4:38.47 6th

Sun Angel Classic (4/10) 4:48.33 18th

Double Dual (5/1) 4:40.44 3rd

Sandra Orsund [Sr., Plymouth, Ind./Plymouth HS]

Discus

Baldy Castillo Invite (3/20) F # * 47.25m (155-00) 3rd

ASU Invite (3/26) F # * 50.55m (165-10) 3rd

Sun Angel Classic (4/10) F # * 52.79m (173-02) 2nd

Mt. SAC Relays (4/17) F 41.70m (136-01) 11th

UCSD Triton Open (4/24) F # * 50.99m (167-03) 13th

Double Dual (5/1) F # 46.36m (158-08) 3rd

Hammer Throw

Bill Sawyer Invite (3/6) F 48.92m (160-06) 3rd

Baldy Castillo Invite (3/20) F 51.79m (169-11) 4th

ASU Invite (3/26) F 49.57m (162-07) 9th

Mesa Classic (4/9) F 49.91m (163-09) 14th

UCSD Triton Open (4/23) F 48.74m (159-11) 22nd

Double Dual (5/1) F 49.21m (161-05) 5th

Julia Pedersen [Jr., Grand Forks, N.D./Red River HS]

Discus

ASU Invite (3/26) F # * 47.99m (157-05) 6th

Sun Angel Classic (4/10) F # * 52.35m (171-09) 3rd

Mt. SAC Relays (4/17) F # * 51.31m (168-04) 1st

Mt. SAC Relays (4/18) open F # * 48.80m (160-01) 15th

UCSD Triton Open (4/24) F # * 50.81m (166-08) 15th

Double Dual (5/1) F # * 54.18m (177-09) 2nd

Shot Put

ASU Invite (3/26) F # * 15.34m (50-04.00) 2nd

Sun Angel Classic (4/10) F # * 14.92m (48-11.50) 6th

Mt. SAC Relays (4/18) F # * 15.39m (50-06.00) 3rd

UCSD Triton Open (4/24) F # * 16.04m (52-07.50) 6th

Double Dual (5/1) F # * 15.32m (50-03.25) 1st

Javelin

Double Dual (5/1) F 32.61m (107-00) 5th

Stacy Perrault [Fr., Richland, Wash./Richland HS]

Javelin

Bill Sawyer Invite (3/6) F 37.46m (122-11) 3rd

Baldy Castillo Invite (3/20) P NM

Sun Angel Classic (4/10) F 34.01m (111-07) 7th

Jana Pintz [So., Waimanalu, Hawaii/Northern Colorado Univ.]

Javelin

Bill Sawyer Invite (3/6) F 39.20m (128-07) 2nd

Baldy Castillo Invite (3/20) F # 43.15m (141-07) 6th

ASU Invite (3/26) F 42.09m (138-01) 1st

Sun Angel Classic (4/10) F 40.57m (133-01) 2nd

UCSD Triton Open (4/24) F 42.77m (140-04) 2nd

Double Dual (5/1) F 38.55m (126-06) 1st

Kristi Raban [Jr., Mesa, Ariz./Paradise Valley CC]

Pole Vault

Bill Sawyer Invite (3/6) 3.36m (11-00.25) 2nd

Baldy Castillo Invite (3/20) 3.35m (10-11.75) 5th

ASU Invite (3/26) NH

Sun Angel Classic (4/10) 3.40m (11-01.75) 5th

UCSD Triton Open (4/24) 3.34m (10-11.50) 12th

Double Dual (5/1) 3.40m (11-01.75) 4th

Cassandra Reed [Jr., Avondale, Ariz./Aqua Fria HS]

200m Dash

Baldy Castillo Invite (3/20) # * 23.87 (+0.0) 2nd

ASU Invite (3/26) # * 23.86 (-0.7) 1st

400m Dash

Sun Angel Classic (4/10) # * 53.49 3rd

Double Dual (5/1) # * 52.23 1st

Sara Shisslak [Fr., Bisbee, Ariz./Bisbee HS]

Discus

Bill Sawyer Invite (3/6) F 38.17m (125-03) 3rd

Baldy Castillo Invite (3/20) P 36.99m (121-04) 12th

ASU Invite (3/26) P NM

Double Dual (5/1) F 37.70m (123-08) 9th

Hammer Throw

Bill Sawyer Invite (3/6) F 41.22m (135-03) 8th

Baldy Castillo Invite (3/20) P NM

ASU Invite (3/26) P 39.03m (128-01) 16th

Mesa Classic (4/9) F 40.65m (133-04) 28th

Double Dual (5/1) F 42.81m (140-05) 9th

Marcia Smith [Sr., Stockbridge, Ga./Clemson]

200m Dash

Double Dual (5/1) * 24.31 (+0.6) 4th

400m Dash

Baldy Castillo Invite (3/20) 56.36 5th

ASU Invite (3/26) 55.71 2nd

Sun Angel Classic (4/10) 55.65 5th

Double Dual (5/1) * 54.86 4th

Angela Tavlarides [Jr., Phoenix, Ariz./Mesa CC]

Pole Vault

Bill Sawyer Invite (3/6) 3.51m (11-06.25) 1st

Baldy Castillo Invite (3/20) @ 3.55m (11-07.75) 2nd

ASU Invite (3/26) @ 3.55m (11-07.75) 1st

Sun Angel Classic (4/10) @ # 3.75m (12-03.50) 1st

UCSD Triton Open (4/24) 3.69m (12-01.25) 5th

Double Dual (5/1) @ # * 3.80m (12-05.50) 2nd

High Jump

Double Dual (5/1) NH

Kandace Tucker [So., Irving, Texas/MacArthur HS]

100m Dash

Baldy Castillo Invite (3/20) * 11.79 (+0.0) 1st

ASU Invite (3/26) * 11.95 (-0.8) 2nd

Texas Relays (4/2) P * 11.84 (+1.3) 20th

Sun Angel Classic (4/10) * 11.81 (+0.2) 3rd

Double Dual (5/1) # * 11.69 (+0.2) 1st

200m Dash

Baldy Castillo Invite (3/20) # * 23.72 (+0.0) 1st

Sun Angel Classic (4/10) # * 23.73 (+1.7) 3rd

Double Dual (5/1) # * 23.57 (+0.2) 1st

2004 WOMEN'S SEASON RESULTS - OUTDOOR

! NCAA Auto; ^ NCAA Provisional; # NCAA Region; * Pac-10; @ School Record; \$ NCAA Record; ; [] PR

Updated May 9, 2004

Katrice Walton [So., Detroit, Mich./Cass Technical HS]

100m Dash

Bill Sawyer Invite (3/6)	12.52 (+0.4)	5th
Double Dual (5/1)	12.38 (+0.2)	7th

200m Dash

Bill Sawyer Invite (3/6)	25.73 (+1.2)	6th
Baldy Castillo Invite (3/20)	25.35 (+0.0)	14th
ASU Invite (3/26)	25.31 (-1.9)	6th
Sun Angel Classic (4/10)	25.53 (+1.0)	16th
Double Dual (5/1)	24.86 (+0.2)	8th

400m Dash

ASU Invite (3/26)	57.84	5th
Sun Angel Classic (4/10)	57.91	11th

Jenna Wrieden [Fr., Glendale, Ariz./Mountain Ridge HS]

1,500m Run

Bill Sawyer Invite (3/6)	4:53.94	4th
Baldy Castillo Invite (3/19)	4:48.57	16th

3,000m Run

ASU Invite (3/26)	10:24.00	4th
Double Dual (5/1)	10:36.72	3rd

RELAYS

4x100m Relay

Arizona State 'A' - P. Carroll, C. Reed, J. Johnson, K. Tucker

Baldy Castillo Invite (3/20)	# 45.08	1st
Texas Relays (4/2)	<i>P</i>	# 45.01 3rd
Texas Relays (4/3)	<i>F</i>	<i>DNF</i>
Sun Angel Classic (4/10)		<i>DQ</i>

Arizona State 'B' - M. Smith, K. Tucker, C. Reed, P. Carroll

Double Dual (5/1)	# 44.79	2nd
-------------------	---------	-----

4x400m Relay

Arizona State 'A' - T. Johnson, K. Tucker, C. Hardeman, C. Reed

Baldy Castillo Invite (3/20)	# 3:41.79	1st
Texas Relays (4/2)	<i>P</i>	# 3:39.79 10th
Sun Angel Classic (4/10)	# 3:36.91	1st

Arizona State 'B' - M. Smith, K. Tucker, C. Hardeman, C. Reed

Double Dual (5/1)	# 3:37.59	1st
-------------------	-----------	-----

4x800m Relay

Arizona State 'A' - A. Masinelli, J. McLaughlin, D. Davila, A. Hasting

Baldy Castillo Invite (3/20)	9:05.39	1st
------------------------------	---------	-----

2004 MEN'S SEASON RESULTS - OUTDOOR

! NCAA Auto; ^ NCAA Provisional; # NCAA Region; * Pac-10; @ School Record; \$ NCAA Record; ; [] PR

Updated May 9, 2004

Cameron Abel [So., Chandler, Ariz./Northern Arizona University]

Pole Vault

Bill Sawyer Invite (3/6)	4.27m (14-00.00)	3rd
Baldy Castillo Invite (3/20)	4.45m (14-07.25)	4th
ASU Invite (3/26)	4.20m (13-09.25)	5th
Mesa Classic (4/9)	4.15m (13-07.25)	t20th
Double Dual (5/1)	4.55m (14-11.00)	5th

Aaron Aguayo [Fr., Phoenix, Ariz./Mountain Pointe HS]

1,500m Run

Bill Sawyer Invite (3/6)	3:52.21	1st
Baldy Castillo Invite (3/19)	# * 3:45.55	4th

3,000m Steeplechase

Sun Angel Classic (4/10)	# * 8:59.21	2nd
Oregon Invitational (4/24)	# * 8:51.89	6th
Double Dual (5/1)	# * 9:03.93	1st

5,000m Run

Stanford Invite (3/26)	# * 14:06.88	23rd
------------------------	--------------	------

Seth Amoo [Jr., Palmdale, Calif./Highland HS]

100m Dash

Baldy Castillo Invite (3/20)	* 10.56 (+0.0)	7th
Double Dual (5/1)	# * 10.42 (+0.0)	1st

200m Dash

Baldy Castillo Invite (3/20)	# * 20.94 (+0.0)	3rd
Sun Angel Classic (4/10)	# * 20.91 (-0.6)	4th
Double Dual (5/1)	# * 20.66 (+0.0)	2nd

Lewis Banda [So., Bulawayo, Zimbabwe/Milton HS]

200m Dash

Baldy Castillo Invite (3/20)	# * 20.72 (+0.0)	1st
ASU Invite (3/26)	# * 20.92 (-1.7)	1st
UCSD Triton Open (4/24)	# * 20.95 (-0.6)	2nd

400m Dash

Sun Angel Classic (4/10)	# * 45.23	2nd
Double Dual (5/1)	# * 45.29	1st

Lee Bartes [Sr., Mesa, Ariz./Mesa CC]

400m Hurdles

Bill Sawyer Invite (3/6)	54.10	2nd
Baldy Castillo Invite (3/19)	* 53.10	5th
ASU Invite (3/26)	53.93	4th
Sun Angel Classic (4/10)	54.25	10th
Double Dual (5/1)	53.68	2nd

Jason Barton [Jr., Phoenix, Ariz./Westwood HS]

200m Dash

Baldy Castillo Invite (3/20)	21.70 (+0.0)	11th
------------------------------	--------------	------

400m Dash

Sun Angel Classic (4/10)	# * 45.67	3rd
Double Dual (5/1)	# * 45.57	2nd

Casey Burchill [So., Clovis, Calif./Colorado University]

1,500m Run

Bill Sawyer Invite (3/6)	3:56.73	4th
--------------------------	---------	-----

3,000m Run

Double Dual (5/1)	8:26.41	3rd
-------------------	---------	-----

3,000m Steeplechase

Sun Angel Classic (4/10)	9:19.98	4th
--------------------------	---------	-----

5,000m Run

Oregon Invitational (4/24)	invite	# * 14:15.43	14th
----------------------------	--------	--------------	------

10,000m Run

Stanford Invite (3/20)	29:48.62	37th
------------------------	----------	------

Roger Cahill [So., Glendale, Ariz./Mountain Ridge HS]

1,500m Run

Baldy Castillo Invite (3/19)	# * 3:45.17	3rd
Sun Angel Classic (4/10)	3:51.73	10th
Oregon Invitational (4/24)	3:51.27	8th
Double Dual (5/1)	3:50.41	2nd

5,000m Run

Stanford Invite (3/26)	# * 14:14.51	38th
------------------------	--------------	------

Jeremy Cramer [Fr., Boise, Idaho/Capitol HS]

800m Run

Baldy Castillo Invite (3/20)	1:59.27	20th
------------------------------	---------	------

1,500m Run

Bill Sawyer Invite (3/6)	3:59.49	7th
Baldy Castillo Invite (3/19)	3:58.89	15th
ASU Invite (3/26)	4:00.54	7th
Sun Angel Classic (4/10)	4:05.24	23rd
Double Dual (5/1)	4:00.90	4th

Jay DeGroot [Jr., Gilbert, Ariz./Gilbert HS]

800m Run

Baldy Castillo Invite (3/20)	1:51.74	4th
ASU Invite (3/26)	1:52.06	5th
Sun Angel Classic (4/10)	1:53.45	10th
Long Beach Invite (4/17)	1:52.88	4th
Double Dual (5/1)	1:51.76	3rd

1,500m Run

Bill Sawyer Invite (3/6)	3:58.29	6th
--------------------------	---------	-----

Jeff Dodge [Jr., Chandler, Ariz./McClintock HS]

800m Run

Baldy Castillo Invite (3/20)	* 1:51.40	3rd
ASU Invite (3/26)	1:51.91	4th
Sun Angel Classic (4/10)	1:53.36	9th
Long Beach Invite (4/17)	1:52.19	2nd
Double Dual (5/1)	1:53.74	5th

1,500m Run

Bill Sawyer Invite (3/6)	3:56.58	3rd
--------------------------	---------	-----

Stephen Dolk [Fr., Glendale, Ariz./Ironwood HS]

Pole Vault

Bill Sawyer Invite (3/6)	# * 5.00m (16-04.75)	1st
Baldy Castillo Invite (3/20)	# * 5.00m (16-04.75)	1st
ASU Invite (3/26)	NH	
Sun Angel Classic (4/10)	# * 5.00m (16-04.75)	6th
UCSD Triton Open (4/24)	# * 5.02m (16-05.50)	3rd
Double Dual (5/1)	NH	

J.J. Duke [So., Clovis, Calif./Clovis HS]

1,500m Run

Bill Sawyer Invite (3/6)	3:57.22	5th
Sun Angel Classic (4/10)	4:04.83	22nd

3,000m Steeplechase

Double Dual (5/1)	9:42.38	5th
-------------------	---------	-----

5,000m Run

Oregon Invitational (4/24)	14:54.52	15th
----------------------------	----------	------

10,000m Run

Stanford Invite (3/20)	30:39.81	61st
------------------------	----------	------

2004 MEN'S SEASON RESULTS - OUTDOOR

! NCAA Auto; ^ NCAA Provisional; # NCAA Region; * Pac-10; @ School Record; \$ NCAA Record; ; [] PR

Updated May 9, 2004

Chris Duncan [Fr., Phoenix, Ariz./Mountain Pointe HS]

Discus

Baldy Castillo Invite (3/20)	F	46.52m (152-07)	10th
ASU Invite (3/26)	P	44.52m (146-01)	10th
Mesa Classic (4/9)	F	48.96m (160-07)	7th
Sun Angel Classic (4/10)	P	48.15m (158-00)	12th
Double Dual (5/1)	F	48.97m (160-08)	3rd

Hammer Throw

Baldy Castillo Invite (3/20)	P	47.65m (156-04)	18th
ASU Invite (3/26)	P	48.08m (157-09)	18th
Mesa Classic (4/9)	F	47.07m (154-05)	11th
Double Dual (5/1)	F	50.97m (167-03)	5th

Steve Fitch [Sr., San Ramon, Calif./Chabot JC]

200m Dash

Baldy Castillo Invite (3/20)		21.65 (+0.5)	8th
ASU Invite (3/26)		22.16 (-0.8)	7th

400m Dash

Baldy Castillo Invite (3/20)		# * 46.72	3rd
ASU Invite (3/26)		* 47.75	3rd
Sun Angel Classic (4/10)		# * 47.15	10th
Drake Relays (4/24)	F	* 47.37	4th
Double Dual (5/1)		# * 46.68	4th

Brandon Glenn [Fr., Avondale, Ariz./Westview HS]

Pole Vault

Baldy Castillo Invite (3/20)		# * 5.00m (16-04.75)	1st
ASU Invite (3/26)		# * 5.10m (16-08.75)	1st
Texas Relays (4/3)		# * 5.15m (16-10.75)	t10th
Sun Angel Classic (4/10)		# * 5.15m (16-10.75)	t4th
Double Dual (5/1)		4.85m (15-11.00)	3rd

Bruno Góes [Fr., Brasilia, Brazil/CEUB HS]

100m Dash

Bill Sawyer Invite (3/6)		13.13m (+0.0)	19th
--------------------------	--	---------------	------

200m Dash

Bill Sawyer Invite (3/6)		DNF	---
--------------------------	--	-----	-----

Greg Halver [Fr., Phoenix, Ariz./Paradise Valley HS]

800m Run

Baldy Castillo Invite (3/20)		1:51.86	5th
ASU Invite (3/26)		1:55.86	12th
Sun Angel Classic (4/10)		1:53.06	7th
Long Beach Invite (4/17)		1:52.25	3rd
Double Dual (5/1)		1:52.37	4th

1,500m Run

Bill Sawyer Invite (3/6)		4:07.47	10th
--------------------------	--	---------	------

Travis Jones [Sr., San Diego, Calif./Cal State Northridge]

Discus

Baldy Castillo Invite (3/20)	F	49.78m (163-04)	4th
ASU Invite (3/26)	F	50.92m (167-01)	4th
Sun Angel Classic (4/10)	F	51.00m (167-04)	6th
Mt. SAC Relays (4/16)	F	49.64m (162-10)	9th
UCSD Triton Open (4/24)	F	50.75m (166-06)	39th
Double Dual (5/1)	F	# 51.44m (168-09)	2nd

Hammer Throw

Bill Sawyer Invite (3/6)	F	# 56.61m (185-09)	2nd
Baldy Castillo Invite (3/20)	F	# 56.79m (186-04)	9th
ASU Invite (3/26)	F	# * 58.59m (192-03)	7th
Sun Angel Classic (4/10)	F	# 56.16m (184-03)	7th
Mt. SAC Relays (4/16)	F	# 57.70m (189-04)	3rd
UCSD Triton Open (4/23)	F	# 56.68m (185-11)	9th
Double Dual (5/1)	F	# 57.29m (187-11)	1st

Shot Put

Bill Sawyer Invite (3/6)	F	# 16.85m (55-03.50)	2nd
Baldy Castillo Invite (3/20)	F	15.90m (52-02.00)	4th
ASU Invite (3/26)	F	16.28m (53-05.00)	6th

Sun Angel Classic (4/10)	F	# 16.54m (54-03.25)	7th
Mt. SAC Relays (4/18)	F	# * 17.06m (55-11.75)	1st
UCSD Triton Open (4/24)	F	15.85m (52-00.00)	23rd
Double Dual (5/1)	F	# * 17.40m (57-01.00)	3rd

Chris Kasik [Jr., Mesa, Ariz./Red Mountain HS]

100m Dash

Bill Sawyer Invite (3/6)		11.10 (+0.0)	9th
--------------------------	--	--------------	-----

110m High Hurdles

Baldy Castillo Invite (3/20)		15.76 (+0.0)	9th
------------------------------	--	--------------	-----

Joshua Kinnaman [Fr., Chandler, Ariz./Corona del Sol HS]

Decathlon - (individual decathlon event marks found on page 13)

Mike Maynard Multi (3/23-24)		^ * 7,147	5th
Pac-10 Multi Championships (5/7-8)		^ * 7,484	2nd

110m High Hurdles

Bill Sawyer Invite (3/6)		16.86 (+1.7)	6th
Baldy Castillo Invite (3/20)		16.52 (+0.0)	12th
Mesa Classic (4/9)		15.83 (+2.1)	14th
Double Dual (5/1)		15.72 (+0.5)	3rd

Discus

Baldy Castillo Invite (3/20)	P	NM	
Mesa Classic (4/9)	F	41.91m (137-06)	13th
UCSD Triton Open (4/24)	F	36.95m (121-03)	69th

Javelin

Bill Sawyer Invite (3/6)	F	49.61m (162-09)	6th
Baldy Castillo Invite (3/20)	F	52.73m (173-00)	4th
Sun Angel Classic (4/10)	F	54.40m (178-06)	6th
UCSD Triton Open (4/24)	F	55.05m (180-07)	9th
Double Dual (5/1)	F	56.05m (183-11)	2nd

Long Jump

Baldy Castillo Invite (3/20)	F	6.77m (22-02.50)(+0.0)	8th
Sun Angel Classic (4/10)	F	6.95m (22-09.75)(+0.3)	8th

Triple Jump

Double Dual (5/1)	F	13.84m (45-05.00)(+0.2)	4th
-------------------	---	-------------------------	-----

Shot Put

Bill Sawyer Invite (3/6)	F	12.64m (41-05.75)	8th
Baldy Castillo Invite (3/20)	P	11.73m (38-06.00)	13th
UCSD Triton Open (4/24)	F	12.93m (42-05.25)	29th

Pole Vault

Bill Sawyer Invite (3/6)		NH	---
Baldy Castillo Invite (3/20)		4.00m (13-01.50)	8th
Mesa Classic (4/9)		4.30m (14-01.25)	t15th

Steven Koehnemann [Fr., Chandler, Ariz./Conora del Sol HS]

100m Dash

Baldy Castillo Invite (3/20)		# * 10.39 (+0.0)	4th
ASU Invite (3/26)		* 10.55 (-1.2)	4th
Texas Relays (4/2)	P	# * 10.46 (+1.8)	6th
Texas Relays (4/3)	F	* 10.53 (+1.4)	8th
Sun Angel Classic (4/10)		* 10.53 (-0.7)	2nd

200m Dash

Baldy Castillo Invite (3/20)		# * 21.15 (+0.5)	4th
Sun Angel Classic (4/10)		# * 21.07 (+1.0)	7th

Jason Kravitz [So., Beverly Hills, Calif./Beverly Hills HS]

Discus

Bill Sawyer Invite (3/6)	F	49.50m (162-05)	3rd
Baldy Castillo Invite (3/20)	F	47.88m (157-01)	8th
ASU Invite (3/26)	F	49.21m (161-05)	7th
Mesa Classic (4/9)	F	46.54m (152-08)	10th
Sun Angel Classic (4/10)	F	48.56m (159-04)	11th
UCSD Triton Open (4/24)	F	48.39m (158-09)	48th
Double Dual (5/1)	F	46.79m (153-06)	5th

2004 MEN'S SEASON RESULTS - OUTDOOR

! NCAA Auto; ^ NCAA Provisional; # NCAA Region; * Pac-10; @ School Record; \$ NCAA Record; ; [] PR

Updated May 9, 2004

Griffin Lee [Fr., Shawnee, Kan./Mill Valley HS]

1,500m Run

Mesa Classic (4/9) 4:10.08 9th

3,000m Run

Bill Sawyer Invite (3/6) 9:13.95 4th

ASU Invite (3/26) 9:13.15 11th

5,000m Run

Baldy Castillo Invite (3/19) 16:26.33 5th

Dan Maher [Sr., Tucson, Ariz./Salpointe Catholic HS]

800m Run

ASU Invite (3/26) * 1:51.05 1st

Long Beach Invite (4/17) 1:51.69 1st

1,500m Run

Baldy Castillo Invite (3/19) # * 3:45.14 2nd

Sun Angel Classic (4/10) # * 3:47.85 2nd

Asokah Muhammad [Jr., Oakland, Calif./St. Mary's HS]

100m Dash

Bill Sawyer Invite (3/6) 11.01 (+0.0) 7th

Long Jump

Baldy Castillo Invite (3/20) F 6.86m (22-06.25)(+0.0) 6th

Double Dual (5/1) F 6.93m (22-09.00)(+0.8) 7th

Triple Jump

ASU Invite (3/26) F 14.22m (46-08.00)(+0.1) 1st

Double Dual (5/1) Foul

Peter Ospitale [Fr., Cave Creek, Ariz./Cactus Shadow HS]

High Jump

Bill Sawyer Invite (3/6) 1.87m (6-01.50) t3rd

Baldy Castillo Invite (3/20) 1.80m (5-10.75) 9th

ASU Invite (3/26) 1.85m (6-00.75) 2nd

Mesa Classic (4/9) 1.80m (5-10.75) t11th

Domenik Peterson [Fr., Jefferson City, Mo./Jefferson City HS]

100m Dash

ASU Invite (3/26) * 10.53 (-1.2) 3rd

Double Dual (5/1) # * 10.43 (+0.0) 2nd

200m Dash

Sun Angel Classic (4/10) # * 20.62 (-0.6) 1st

Double Dual (5/1) # * 20.65 (+0.0) 1st

400m Dash

Baldy Castillo Invite (3/20) # * 46.01 1st

Derek Pisel [Fr., Glendale, Ariz./Mountain Ridge HS]

400m Hurdles

Double Dual (5/1) 59.10 6th

3,000m Steeplechase

Sun Angel Classic (4/10) 9:47.54 7th

Double Dual (5/1) 10:05.87 6th

5,000m Run

Baldy Castillo Invite (3/19) 16:36.42 6th

Kalé Pittman [Jr., Phoenix, Ariz./Phoenix College]

100m Dash

Bill Sawyer Invite (3/6) 11.62 (+0.8) 15th

200m Dash

Bill Sawyer Invite (3/6) 23.19 (+0.0) 12th

Baldy Castillo Invite (3/20) 22.65 (+0.0) 21st

ASU Invite (3/26) DNF

Long Jump

Bill Sawyer Invite (3/6) F 6.95m (22-09.75)(+3.4) 1st

Baldy Castillo Invite (3/20) P 6.62m (21-08.75)(+0.0) 14th

ASU Invite (3/26) F 6.71m (22-00.25)(+1.8) 7th

Double Dual (5/1) F 6.82m (22-04.50)(+1.0) 8th

High Jump

Double Dual (5/1) F 1.90m (6-02.75) 4th

Trevell Quinley [Jr., Tracy, Calif./Merrill F. West HS]

100m Dash

Baldy Castillo Invite (3/20) 10.81 (+0.0) 12th

Long Jump

Baldy Castillo Invite (3/20) F 7.27m (23-10.25)(+0.2) 1st

ASU Invite (3/26) F # * 7.50m (24-07.25)(+1.6) 2nd

Texas Relays (4/2) F 7.16m (23-06.00)(+2.0) 13th

Sun Angel Classic (4/10) F # * 7.42m (24-04.25)(-0.8) 4th

Mt. SAC Relays (4/18) F 7.06m (23-02.00)(+0.8) 11th

Drake Relays (4/23) F # * 7.37m (24-02.25)(+0.8) 4th

Double Dual (5/1) F # * 7.36m (24-01.75)(+0.9) 1st

High Jump

ASU Invite (3/26) # * 2.15m (7-00.50) 1st

Sun Angel Classic (4/10) # * 2.15m (7-00.50) 1st

Mt. SAC Relays (4/17) * 2.08m (6-09.75) 2nd

Double Dual (5/1) # * 2.10m (6-10.75) 1st

Juan Reyes [Jr., Phoenix, Ariz./Carl Hayden HS]

1,500m Run

Sun Angel Classic (4/10) 3:54.18 12th

3,000m Run

Double Dual (5/1) 8:28.50 4th

5,000m Run

Oregon Invitational (4/24) 14:39.06 2nd

Andrew Smith [Fr., Saginaw, Mich./Heritage HS]

Hammer Throw

Bill Sawyer Invite (3/6) F 48.27m (158-04) 6th

Baldy Castillo Invite (3/20) P 52.42m (172-00) 13th

ASU Invite (3/26) P 51.94m (170-05) 14th

Mesa Classic (4/9) F 50.24m (164-10) 7th

UCSD Triton Open (4/23) F 50.05m (164-02) 24th

Double Dual (5/1) F 47.65m (156-04) 6th

Javelin

Bill Sawyer Invite (3/6) F 55.22m (181-02) 4th

Baldy Castillo Invite (3/20) F 51.85m (170-01) 5th

Sun Angel Classic (4/10) F 56.21m (184-05) 5th

Double Dual (5/1) F 53.86m (176-08) 3rd

Shot Put

Bill Sawyer Invite (3/6) F 16.16m (53-00.25) 6th

Baldy Castillo Invite (3/20) F 15.57m (51-01.00) 5th

ASU Invite (3/26) F 15.91m (52-02.50) 8th

Sun Angel Classic (4/10) P 15.19m (49-10.00) 13th

UCSD Triton Open (4/24) F Foul --

Double Dual (5/1) F 16.09m (52-09.50) 5th

Ryan Warrenburg [So., Franklin, Ind./Franklin Community HS]

1,500m Run

Bill Sawyer Invite (3/6) 3:52.87 2nd

Baldy Castillo Invite (3/19) 3:52.19 5th

3,000m Steeplechase

ASU Invite (3/26) 9:10.17 1st

Sun Angel Classic (4/10) # * 9:07.59 3rd

Oregon Invitational (4/24) # * 8:59.60 11th

Double Dual (5/1) 9:11.33 2nd

Jon Whaley [So., Tempe, Ariz./Northern Arizona University]

Pole Vault

Bill Sawyer Invite (3/6) 4.42m (14-06.00) 2nd

Baldy Castillo Invite (3/20) NH

ASU Invite (3/26) 4.45m (14-07.25) 4th

Mesa Classic (4/9) 4.30m (14-01.25) t15th

Double Dual (5/1) 4.55m (14-11.00) 4th

2004 MULTI-EVENT SEASON RESULTS - OUTDOOR

! NCAA Auto; ^ NCAA Provisional; # NCAA Region; * Pac-10; @ School Record; \$ NCAA Record; ; [_] PR

Updated May 9, 2004

RELAYS

4x100m Relay

Arizona State 'A' - S. Koehnemann, D. Peterson, S. Amoo, L. Banda				
Baldy Castillo Invite (3/20)	# 39.33	1st		
ASU Invite (3/26)	DQ			
Texas Relays (4/2)	P	# 39.40	2nd	
Texas Relays (4/3)	F	# 39.31	3rd	
Sun Angel Classic (4/10)		# 39.40	1st	
Double Dual (5/1)		# 39.21	1st	

4x400m Relay

Arizona State 'A' - S. Fitch, D. Peterson, J. Barton, L. Banda				
Texas Relays (4/3)	F	@ # 3:01.51	3rd	
Sun Angel Classic (4/10)		# 3:03.97	1st	

Arizona State 'B' - J. Barton, S. Amoo, S. Fitch, L. Banda				
Double Dual (5/1)		# 3:09.37	1st	

4x800m Relay

Arizona State 'A' - G. Halver, J. DeGroot, J. Dodge, D. Maher				
Drake Relays (4/23)	F	7:30.16	6th	

Distance Medley Relay

Arizona State 'A' - J. Dodge, S. Fitch, J. DeGroot, D. Maher				
Drake Relays (4/24)	F	9:57.85	5th	

Jacquelyn Johnson [Fr., Yuma, Ariz./Yuma HS]

Heptathlon

Mike Maynard Multi (3/23-24)

did not finish

100m Hurdles	1,046	1st	13.53		+1.3
High Jump	928	t2nd	1.76m	5-09.25	
Shot Put	668	3rd	12.10m	39-08.50	
200m Dash	910	1st	24.75		+1.6
First Day Total	3,552	2nd			
Long Jump	843	3rd	5.98m	19-07.50	+1.5
Javelin	DNC				
800m Run	DNC				

Pac-10 Multi Championships (5/7-8)

5.603 1st

100m Hurdles	1,028	1st	13.65		+1.2
High Jump	855	1st	1.70m	5-07.00	
Shot Put	667	2nd	12.09m	39-08.00	
200m Dash	871	5th	25.17		+1.7
First Day Total	3,421	1st			
Long Jump	771	2nd	5.74m	18-10.00	+3.9
Javelin	599	t3rd	36.42m	119-06	
800m Run	812	2nd	2:20.88		

Joshua Kinnaman [Fr., Chandler, Ariz./Corona del Sol HS]

Decathlon

Mike Maynard Multi (3/23-24)

7,147 5th

100m Dash	910	2nd	10.78		+0.9
Long Jump	769	9th	6.81m	22-04.25	+0.0
Shot Put	609	10th	12.05m	36-09.50	
High Jump	758	t4th	1.96m	6-04.75	
400m Dash	831	3rd	49.65		
First Day Total	3,877	2nd			
110m Hurdles	715	13th	16.16		+0.9
Discus	607	9th	37.16m	121-11	
Pole Vault	659	9th	4.15m	13-07.25	
Javelin	753	1st	61.04m	200-03	
1,500m Run	536	7th	5:04.18		

Pac-10 Multi Championships (5/7-8)

7,484 2nd

100m Dash	890	2nd	10.87		+0.0
Long Jump	878	1st	7.27m	23-10.25	+1.7
Shot Put	653	3rd	12.76m	41-10.50	
High Jump	749	t3rd	1.94m	6-04.25	
400m Dash	825	2nd	49.77		
First Day Total	3,995	1st			
110m Hurdles	751	8th	15.84		+0.1
Discus	715	3rd	42.46m	139-04	
Pole Vault	760	5th	4.50m	14-09.00	
Javelin	688	2nd	56.65m	185-10	
1,500m Run	553	7th	4:57.42		

WOMEN'S OUTDOOR RECORD BOOK [Updated May 10]

100 METER DASH

1.	Sharon Ware	1983	11.33	
2.	Dawnyell Linder	1998	11.39	
3.	Lynda Tolbert	1988	11.41	n
4.	Lesa Parker	1994	11.44	
5.	Val Boyer	1979	11.46	n
6.	Maicel Malone	1991	11.47	
7.	Tiffany Greer	2001	11.53	n
8.	Teri Chapple-Sheppard	1983	11.60	n
9.	Renaye Bowen	1977	11.61	n
10.	Omolade Akinremi	1993	11.64	

100 METER HURDLES

1.	Lynda Tolbert	1989	12.75	
2.	Ime Akpan	1992	13.03	n
3.	LaShawn Simmons	1992	13.23	n
4.	Seneca Holmes	2003	13.31	n
5.	Gea Johnson	1990	13.35	n
6.	Brenda Calhoun	1981	13.47	
7.	Jacquelyn Johnson	<u>2004</u>	13.53	
8.	Rhonda Brady (13.3m)	1978	13.54	+
9.	Tesra Bester	1992	13.64	n
10.	Omotayo Akinremi	1994	13.68	

200 METER DASH

1.	Maicel Malone	1991	22.91	
2.	Avia Morgan	1995	23.05	
3.	Val Boyer	1980	23.36	
4.	Freida Cobbs	1979	23.41	n
5.	Dawnyell Linder	1998	23.42	
6.	Renaye Bowen	1977	23.54	+
7.	Kandace Tucker	<u>2004</u>	23.57	
8.	Jacinta Bartholomew	1988	23.60	
9.	Omotayo Akinremi	1993	23.65	h
10.	Teri Chapple-Sheppard	1983	23.69	n

400 METER DASH

1.	Maicel Malone	1991	50.33	
2.	Shanequa Campbell	1993	51.77	n
3.	Omolade Akinremi	1993	52.24	
4.	Toinette Holmes	1990	52.30	n
5.	Omotayo Akinremi	1993	52.43	n
6.	Cassandra Reed	2003	52.53	n
7.	Avia Morgan	1995	52.58	
8.	Joronda White	1999	52.76	
9.	Jacqueline Gayle	1994	52.76	
10.	Tamika Foster	1988	52.95	

400 METER HURDLES

1.	Omolade Akinremi	1995	55.44	
2.	Tracey Mattes	1992	56.54	
3.	Omotayo Akinremi	1993	56.86	
4.	Candida Coulson	2001	58.31	n
5.	Denise Waddy	1978	58.62	
6.	Christy Akinremi	1993	59.37	n
7.	Karen Vigilant	1997	59.52	n
8.	Seneca Holmes	2001	60.23	n
9.	Cathy Miller	1984	60.54	
10.	Cheryl Lewis (1:01.4m)	1980	61.54	n

800 METER RUN

1.	Kim Toney	1993	2:03.23	n
2.	Lorrieann Adams	1996	2:03.60	
3.	Janice Nichols	1994	2:04.11	
4.	Sharette Garcia	1992	2:05.33	
5.	Jacqueline Gayle	1994	2:05.92	
6.	Mette Berger	1984	2:07.28	
7.	Priscilla Hein	1999	2:07.78	
8.	Michelle Harper	1987	2:08.02	n
9.	Sandy Beach	1983	2:08.40	
10.	Jennifer Bridgeman	1999	2:08.52	n

1,500 METER RUN

1.	Priscilla Hein	1999	4:17.98	
2.	Lisa Aguilera	2001	4:19.16	n
3.	Kim Toney	1993	4:20.69	
4.	Amy Hastings	<u>2004</u>	4:21.73	n
5.	Kelly MacDonald	2001	4:22.72	n
6.	Michelle Harper	1987	4:22.74	+
7.	Julie Seleine	1984	4:23.60	
8.	Brianna Torres	2002	4:25.35	n
9.	Sabrina Peters-Stern	1983	4:26.02	
10.	Teresa Barrios	1989	4:26.55	

3,000 METER RUN

1.	Lynn Nelson	1984	9:09.76	
2.	Sabrina Peters-Stern	1983	9:19.20	
3.	Kelly MacDonald	2000	9:20.12	n
4.	Kathy Mintie	1979	9:23.90	
5.	Lisa Aguilera	2000	9:29.63	n
6.	Teresa Barrios	1986	9:31.76	
7.	Priscilla Hein	1999	9:31.80	
8.	Laura LaMena	1987	9:33.73	n
9.	Julie Seliene	1985	9:37.17	
10.	Dawn Arrigoni	1988	9:38.24	n

3,000 METER STEEPLECHASE

1.	Lisa Aguilera	2003	9:46.43	
2.	Kelly MacDonald	2001	9:55.49	n
3.	Amy Hastings	<u>2004</u>	10:17.67	n
4.	Cody Sohn	2001	10:27.83	n
6.	Mandi-Fitz Gustafson	2003	10:51.50	n
7.	Liz Lindgren	<u>2004</u>	10:52.34	n
8.	Anna Masinelli	<u>2004</u>	11:06.47	n

5,000 METER RUN

1.	Kelly MacDonald	2000	15:53.28	n
2.	Lisa Aguilera	2002	15:57.37	n
3.	Lynn Nelson	1984	15:58.57	
4.	Amy Hastings	<u>2004</u>	16:02.53	n
5.	Brianna Torres	2002	16:13.79	n
6.	Kathy Mintie	1979	16:16.80	n
7.	Desiree Davila	2003	16:17.45	n
8.	Jessica Scalzo	2003	16:22.18	n
9.	Kelly Cordell	1992	16:28.32	
10.	Laura LaMena	1988	16:33.09	

10,000 METER RUN

1.	Laura LaMena	1988	33:45.00	n
2.	Mary Duerbeck	2001	33:53.52	n
3.	Lynn Nelson	1984	34:24.90	
4.	Maria Trujillo	1981	34:26.50	
5.	Kelly Cordell	1992	34:24.00	n
6.	Amy Komitzky	1989	35:24.30	n
7.	Jessica Scalzo	2003	35:28.08	n
8.	Alvina Begay	2003	35:42.37	n
9.	Lisa Pohlit	2003	36:21.58	n
10.	Lisa Pfuhl	1983	37:00.17	n

RELAY EVENTS

4X100 METER RELAY

1.	Lynda Tolbert, Maicel Malone	1988	43.58	
	Tamika Foster, Jacinta Bartholomew			
2.	Omotayo Akinremi, Christie Akinremi	1994	44.24	+
	Lesa Parker, Tika Walton			
3.	Porchea Carroll , Tiffany Greer	2003	44.27	
	Cassandra Reed , Kandace Tucker			
4.	Tike Jackson, Sanoma Nickson	1996	44.50	
	Adra Hysong, Tika Walton			
5.	Omolade Akinremi, Lesa Parker	1993	44.59	n
	Christy Akinremi, Shanequa Campbell			

WOMEN'S OUTDOOR RECORD BOOK [Updated May 10]

4X200 METER RELAY

1.	Jacinta Bartholomew, Lynda Tolbert	1988	1:33.03	
	Tamika Foster, Maicel Malone			
2.	Omotayo Akinremi, Shanequa Campbell	1994	1:33.10	
	Christie Akinremi, Lesa Parker			
3.	Omotayo Akinremi, Lesa Parker	1993	1:34.64	
	Christy Akinremi, Omolade Akinremi			
4.	Maicel Malone, Toinette Holmes	1990	1:34.99	
	Dana Jones, Lynda Tolbert			

4X400 METER RELAY

1.	Omotayo Akinremi, Jacqueline Gayle	1995	3:29.45	
	Avia Morgan, Lade Akinremi			
2.	Jacqueline Gayle, Omotayo Akinremi	1994	3:29.77	
	Akinremi, Shanequa Campbell			
3.	Toinette Holmes, Maicel Malone	1988	3:29.95	
	Jacinta Bartholomew, Tamika Foster			
4.	Toinette Holmes, Dana Jones	1990	3:30.26	
	Charmaine Williams, Maicel Malone			
5.	Shanequa Campbell, Janice Nichols	1993	3:30.43	n
	Omotayo Akinremi, Omolade Akinremi			

4X800 METER RELAY

1.	Jacqueline Gayle, Janice Nichols,	1994	8:24.27	
	Omolade Akinremi, Kim Toney			
2.	Anna Masinelli, Jessie McLaughlin,	2004	9:05.39	n
	Desiree Davila, Amy Hastings			

FIELD EVENTS

LONG JUMP

1.	Jacinta Bartholomew	1989	6.62	21-08.75	
2.	Tiffany Greer	2002	6.48	21-03.25	n
3.	Valerie Williams	2001	6.46	21-02.50	
4.	Tesra Bester	1992	6.43	21-01.50	
5.	Anna Van	1984	6.38	20-11.25	
6.	Rhonda Paine	1983	6.37	20-10.75	
7.	Lisa Hale	1992	6.36	20-10.50	
	Sharesa Turner	2001	6.36	20-10.50	n
9.	Gea Johnson	1990	6.34	20-09.75	w
10.	LaShawn Simmons	1992	6.33	20-09.25	n

TRIPLE JUMP

1.	Valerie Williams	2000	12.84	42-01.50	
2.	Erika Johnson	2000	12.57	41-03.00	
3.	Anna Van	1984	12.37	40-07.25	
4.	Giannina Re	1995	12.34	40-06.00	
5.	Adra Hysong	1995	12.09	39-08.00	
6.	Tesra Bester	1991	11.91	39-01.00	n
7.	Fiona Daly	1998	11.82	38-09.50	
8.	Tamara Espinoza	1999	11.79	38-09.25	
9.	Lennon Gardner	1988	11.77	38-07.50	
10.	Olivia Mazzaglia	2001	11.73	38-06.00	n

HIGH JUMP

1.	Coleen Rienstra	1980	1.93	6-04.00	
2.	Fiona Daly	1998	1.88	6-02.00	
3.	Shelly Choppa	1993	1.83	6-00.00	
	Jackie Belzner	1988	1.83	6-00.00	
5.	Gea Johnson	1990	1.79	5-10.25	n
6.	Jacquelyn Johnson	2004	1.76	5-09.25	
7.	Tana Tate	1984	1.75	5-08.75	
	Dana Collins	1978	1.75	5-08.75	
	Monique Donithan	1978	1.75	5-08.75	
	Jodi Smith	2002	1.75	5-08.75	
	Olivia Mazzaglia	2002	1.75	5-08.75	

POLE VAULT

1.	Angela Tavarides	2004	3.80	12-05.50	
2.	Olivia Mazzaglia	2000	3.51	11-06.00	
3.	Kristi Raban	2004	3.40	11-01.75	n
4.	Holly Smith	2000	2.65	8-08.25	
	Jessie Cady	2000	2.65	8-08.25	

SHOT PUT

1.	Leslie Deniz	1983	17.03	55-10.50	
2.	Natalie Kaaiawahia	1984	16.79	55-01.25	
3.	Julia Pedersen	2004	16.04	52-07.50	n
4.	Ria Stalman	1981	15.98	52-02.25	n
5.	Adrienne Judie	2000	15.89	52-01.75	
6.	Jennifer Kowacz	2004	15.64	51-03.75	n
7.	Jennifer Lemke	1983	15.63	51-03.25	
8.	Yolanda Meservey	2002	15.04	49-04.25	n
9.	Sandra Orsund	2003	14.74	48-04.50	n
10.	Maryanne Barry	1983	14.52	47-11.75	

DISCUS

1.	Leslie Deniz	1983	64.94	213-01	
2.	Ria Stalman	1981	62.30	204-05	n
3.	Sandra Orsund	2003	55.76	182-11	n
4.	Natalie Kaaiawahia	1984	54.76	179-08	
5.	Julia Pedersen	2004	54.18	177-09	n
6.	Julie Cart	1980	52.04	170-09	n
7.	Adrienne Judie	2001	49.72	163-01	
8.	Molly Clarke	2003	47.77	156-09	n
9.	Diane Arens	1982	45.56	149-06	n
10.	Yolanda Meservey	2001	45.44	149-01	n

JAVELIN

1.	Celeste Wilkinson	1978	56.90	186-08	
2.	Dodie Campbell	1984	54.22	177-11	
3.	Charity Amama	1998	51.42	168-08	
4.	Tracey McCarthy	1984	51.34	168-05	
5.	Marilyn White	1977	47.40	155-06	n
6.	Jaime Gale	1981	46.38	152-02	n
7.	Gea Johnson	1990	45.70	149-11	n
8.	Becky Holley	2003	44.03	144-05	n
9.	Jana Pintz	2004	43.15	141-07	n
10.	Tricia Melfy	1994	42.04	137-11	

HAMMER

1.	Adrienne Judie	2001	58.10	190-07	
2.	Jennifer Kowacz	2004	57.33	188-01	n
3.	Sandra Orsund	2003	55.15	180-11	
4.	Jenae Sonne	2003	51.26	168-02	n
5.	Yolanda Meservey	2001	49.96	163-11	n
6.	Heather Leigh	2001	46.50	152-07	
7.	Molly Clarke	2004	43.75	143-06	n
8.	Sarah Shisslak	2004	42.81	140-05	n

HEPTATHLON

1.	Gea Johnson	1990	6,135 points	n w
2.	Jacquelyn Johnson	2004	5,603 points	
3.	Tricia Melfy	1992	5,332 points	n
4.	Adra Hysong	1997	5,215 points	
5.	Lennon Gardner	1990	5,050 points	n
6.	Christy Jozwiak	1982	4,757 points	
7.	Jodi Smith	2000	4,545 points	
8.	Elizabeth Arollo	2000	4,427 points	

TOP HEPTATHLON EVENT MARKS

100m Hurdles	Gea Johnson	1990	13.51w
200 Meters	Gea Johnson	1990	24.24
800 Meters	Gea Johnson	1990	2:14.50
Long Jump	Gea Johnson	1990	6.26m (20-06.50)
High Jump	Gea Johnson	1990	1.79m (5-10.50)
Shot Put	Gea Johnson	1990	14.18m (46-6.25)
Javelin	Gea Johnson	1990	45.70m (149-11)
First Day Total	Gea Johnson	1990	3,659 pts
Second Day Total	Gea Johnson	1990	2,576 pts

+ - time converted from yards using IAAF tables; w - wind aided; n - non-winning mark; h - hand time conversion • - mark attained in heptathlon

ALL filed marks are listed metric first, imperial second; Current student-athletes in **BOLD**

MEN'S OUTDOOR RECORD BOOK [Updated May 10]

100 METER DASH

1.	Marcus Brunson	2001	10.10	
2.	Ron Brown	1981	10.15	n
3.	Dwayne Evans	1981	10.20	
4.	Kenny Robinson	1985	10.23	
5.	Charlie Wells (10.0m)	1975	10.24	h
6.	Walter Haywood	1983	10.26	
7.	Dwight Phillips	2000	10.28	
8.	Jerry Bright (9.47y)	1967	10.32	n +
9.	LaMonte King	1982	10.33	
10.	Doug Hawken (9.2y)	1970	10.34	+

110 METER HIGH HURDLES

1.	Andrew Parker	1987	13.51	n
2.	Gary Burl	1976	13.57	
3.	John Lehnstrom	1982	13.59	n
4.	Rick Walker	1977	13.73	n
5.	Tony Galaviz	2002	13.75	
6.	Mark Boyd	1986	13.80	n
7.	Gaute Gundersen	1996	13.95	
8.	Fair Hooker (13.8y)	1968	14.04	h +
9.	Mike Cox	1981	14.06	
	James Liddell	1988	14.06	

200 METER DASH

1.	Jerry Bright	1968	20.29	n
2.	Henry Carr	1964	20.33	
3.	Dwayne Evans	1981	20.34	n
4.	LaMonte King	1981	20.36	
5.	Marcus Brunson	2001	20.37	
6.	Tony Darden	1978	20.48	n
7.	Gerald Burl	1977	20.57	n
8.	Howard Henley	1982	20.58	
9.	Domenik Peterson	<u>2004</u>	20.62	
10.	Steven Williams	1976	20.63	n

400 METER DASH

1.	Ron Freeman II	1968	44.41	n
2.	Maurice Peoples (45.11y)	1973	44.85	+
3.	Howard Henley	1981	44.92	
4.	Herman Frazier	1976	44.95	n
5.	Ulis Williams	1964	45.14	h
6.	Lewis Banda	<u>2004</u>	45.23	n
7.	Henry Carr	1963	45.49	h
8.	Willie Jones	1982	45.54	
9.	Ivan Jean-Marie	1995	45.49	
10.	Jason Barton	<u>2004</u>	45.57	n

400 METER HURDLES

1.	Gordon Bugg	1988	49.30	n
2.	Rick Walker	1977	49.36	n
3.	Robert Rucker	1991	49.54	
4.	John Lehnstrom	1982	49.69	n
5.	Francois Aumas (50.08y)	1976	49.82	h
6.	Mark Boyd	1986	50.91	
7.	Dick Miller (51.4y)	1966	51.24	h +
8.	Konrad Krajewski	1980	51.62	
9.	Mark Phillips	1988	51.66	
10.	Jeff Kemp	1981	51.70	

800 METER RUN

1.	Pete Richardson	1984	1:46.95	
2.	Eddie Davis	1983	1:47.73	
3.	Vondre Armour	1995	1:48.08	
4.	Jim McCreery	1993	1:48.19	
5.	Mike Schwarz	1983	1:48.19	
6.	Chuck LaBenz (1:48.9y)	1970	1:48.27	+
7.	Pete Quinonez	1982	1:48.47	
8.	Clevon Clair	1994	1:48.48	
9.	Ray Wicksell (1:49.7y)	1975	1:49.06	+
	Bob Franek (1:49.7y)	1974	1:49.06	+

1,500 METER RUN

1.	Chuck LaBenz	1970	3:40.70	
2.	Brandon Strong	2002	3:41.42	
3.	Larry Lawson	1974	3:43.00	n
4.	Mike Stahr	1985	3:43.06	n
5.	Ray Wicksell	1979	3:43.20	
6.	Dan Raby	1982	3:44.07	
7.	Todd Lewis	1992	3:44.09	
8.	Ari Rodriguez	1997	3:44.10	
9.	Treg Scott	1985	3:44.16	
10.	Jeff Smith	1988	3:44.87	

MILE RUN

1.	Chuck LaBenz	1970	3:56.90	
2.	Larry Lawson	1974	4:00.60	n
	Jeff Smith	1988	4:00.60	i n
4.	Mark Rafferty	1974	4:01.00	n
5.	Ray Wicksell	1978	4:02.90	
6.	Alex Henderson	1958	4:03.10	
7.	Ed Zuck	1974	4:03.30	n
8.	Louis Scott	1964	4:04.90	n
9.	Manual Quintanar	1969	4:05.80	
10.	Mike Elder	1976	4:06.10	

3,000M STEEPLECHASE

1.	Todd Lewis	1992	8:39.19	n
2.	Erin Scroggins	1993	8:45.24	n h
3.	Jeremy Rasmussen	2000	8:49.23	
4.	Aaron Aguayo	<u>2004</u>	8:51.89	n
5.	Chuck Schwarz	1983	8:54.54	
6.	Kris Alexander	2003	8:55.35	n
7.	Mike Scannell	1985	8:55.49	
8.	Andy Carusetta	1996	8:56.74	
9.	Gary Geyer	1985	8:57.44	
10.	Pete Span	1972	8:58.80	

5,000 METER RUN

1.	Todd Lewis	1990	13:51.40	n
2.	Fasil Bizuneh	2002	13:51.88	n
3.	Isaiah Festa	2000	13:54.20	n
4.	Louis Scott (13:12.4y)	1967	13:54.90	+
5.	Juan Reyes	2002	13:54.92	n
6.	Steve Preston	1986	13:57.30	n
7.	Jerry Jobski	1969	13:57.40	
8.	Jeff Smith	1988	13:57.90	
9.	Alex Henderson (13:37.1y)	1958	14:06.50	+
10.	Aaron Aguayo	<u>2004</u>	14:06.88	n

10,000 METER RUN

1.	Fasil Bizuneh	2002	28:46.88	n
2.	Jerry Jobski (28:17.0y)	1969	29:18.00	+
3.	Matt Repak	1998	29:28.31	
4.	Casey Burchill	<u>2004</u>	29:48.62	n
5.	Dan Fisher	1984	30:20.21	n
6.	J.J. Duke	<u>2004</u>	30:39.81	n
7.	Fred Herlitz	1986	30:53.00	n

MEN'S OUTDOOR RECORD BOOK [Updated May 10]

FIELD EVENTS

LONG JUMP

1.	Dwight Phillips	2000	8.21	26-11.25	
2.	Kenny Frazier	1984	8.14	26-08.50	
3.	LaMonte King	1981	7.99	26-02.50	
4.	Dannie Jackson	1977	7.94	26-00.50	n
	Sidney Mitchell	1979	7.94	26-00.50	
6.	Deon Mayfield	1984	7.86	25-09.75	
7.	Darryl Hughes	1975	7.81	25-07.50	
8.	Walter Haywood	1982	7.78	25-06.25	
9.	Mike Haynes	1975	7.74	25-05.00	
10.	Matt Zuber	1990	7.73	25-04.50	

TRIPLE JUMP

1.	Deon Mayfield	1982	16.72	54-10.25	
2.	Dwight Phillips	1999	16.41	53-10.25	n
3.	Kenny Frazier	1984	16.35	53-07.75	
4.	Chris DeFrance	1978	16.27	53-04.50	n
5.	Ken McClendon	1979	16.16	53-00.25	n
6.	Brian Ellis	1992	16.14	52-11.75	w
7.	Trevor Hall	1974	15.92	52-03.00	
8.	Lenny McGill	1991	15.83	51-11.25	n
9.	Maurice Peoples	1972	15.80	51-10.00	n
10.	Dannie Jackson	1981	15.79	51-09.75	n

HIGH JUMP

1.	Kyle Arney	1977	2.29	7-6.00	
2.	Gabe Beechum	1992	2.27	7-5.25	n
3.	Ron Kamaka	1984	2.22	7-3.50	
4.	Deon Mayfield	1982	2.21	7-3.00	
	Paul Underwood	1974	2.21	7-3.00	
6.	Joey Johnson	1988	2.20	7-2.50	n
7.	Coart Owens	1979	2.18	7-2.00	
	Barry Shephard	1970	2.18	7-2.00	
9.	Matt Barney	1977	2.16	7-1.00	n
10.	Trevell Quinley	2004	2.15	7-0.50	
	Jase Graber	1995	2.15	7-0.50	
	Ebon Glenn	2001	2.15	7-0.50	

POLE VAULT

1.	Nick Hysong	1994	5.70	18-08.25	
2.	Steve Tully	1984	5.30	17-04.75	
3.	Ralph Haynie	1977	5.24	17-02.25	
4.	Mark Herman	1976	5.235	17-02.00	
5.	Mark Gersten	1988	5.20	17-00.75	
6.	Rick Rogers	1987	5.18	17-00.00	
7.	Brandon Glenn	2004	5.15	16-10.75	n
8.	Ron Barlea	1980	5.08	16-08.00	
	Mike Mason	1980	5.08	16-08.00	n
10.	Bill Eaton	1973	5.04	16-06.50	

SHOT PUT

1.	Gary Williky	1982	20.78	68-02.50	
2.	Shane Collins	1990	20.20	66-03.25	
3.	Jim Camp	1986	19.95	65-05.50	
4.	Ron Semkiw	1973	19.68	64-06.25	
5.	Bruce Heide	1980	19.41	63-08.25	
6.	Vince Mosca	2003	19.33	63-05.00	n
7.	David Wood	2001	19.06	62-06.50	
8.	Jon Cole	1966	18.88	61-11.50	
9.	Dennis Black	1992	18.85	61-10.25	
10.	Howard Stuart	1981	18.47	60-07.25	n
	Billy Joe Winchester	1981	18.37	60-07.25	

DISCUS

1.	Gary Williky	1982	62.02	203-06	
2.	Jon Cole	1966	60.78	199-05	
3.	Scott Hersh	1979	58.88	193-02	n
4.	Jay Pushkin	1977	57.56	188-10	n
5.	Eric Logvin	2001	57.40	188-04	n
6.	David Wood	2001	57.02	187-01	n
7.	Jesus Ortiz	1968	56.00	183-09	
8.	Carol Lindros	1968	55.98	183-08	
9.	Vince Mosca	2002	55.74	182-10	n
10.	John Graves	1980	55.08	180-08	

JAVELIN (1986-PRESENT)

1.	Pal Arne Fagernes	1996	80.96	265-07	
2.	Charlie Cohen	1995	72.58	238-01	
3.	Jared Schrieber	1998	70.02	229-09	
4.	Dave Barlia	1988	69.84	229-01	
5.	Bobby Raines	2002	65.67	215-05	n
6.	Scott Shill	1987	64.88	212-10	
7.	Mike Rivers	2002	64.65	212-01	n
	Joe Zapustas	1991	64.64	212-01	n
	Sammy Bryant	1986	64.64	212-01	
10.	Justin Owen	2001	63.26	207-06	n

HAMMER

1.	Mika Laiho	1998	72.26	237-01	
2.	Dave Ryer	1986	63.50	208-09	n
3.	Terry Payne	1986	61.30	201-01	
4.	Travis Jones	2003	58.83	193-00	n
5.	David Bickel	1988	57.58	188-11	
	Don Kralovetz	1990	56.96	186-11	
7.	Mark Landa	1995	55.66	182-07	
8.	Steve White	1995	55.34	181-07	
9.	Karl Atkinson	2001	54.98	180-04	
10.	David Wood	2001	54.22	177-11	n

DECATHLON

1.	Dannie Jackson	1981	7,861 points	a n
2.	John Irvine	1981	7,774 points	h n
3.	Jeff Mont Pas	1980	7,732 points	h n
4.	Matt Zuber	1989	7,555 points	n
5.	Mike Cox	1982	7,544 points	a n
6.	Joshua Kinnaman	2004	7,484 points	n
7.	Sammy Bryant	1986	7,455 points	a
8.	Joe Vier	1983	7,409 points	a n
9.	Wes Herbst	1977	7,016 points	h n
10.	Jeff Kemp	1981	6,955 points	h n

TOP DECATHLON EVENT MARKS

100m Dash	Joshua Kinnaman	2004		10.78
Long Jump	Dannie Jackson	1979	7.99m	26-2.5w
Shot Put	Mike Chapman	1975	14.91m	48-11
High Jump	Mike Cox	1982	2.13m	7-0
	Dannie Jackson	1979	2.13m	7-0
400 Meters	Mike Cox	1982		48.00
110m Hurdles	Dannie Jackson	1979		14.0w
Discus	Dannie Jackson	1981	46.16m	151-5
Javelin (old)	Mike Chapman	1975	68.52m	224-10
Javelin (new)	Sammy Bryant	1986	64.64m	212-01
Pole Vault	Matt Zuber	1989	4.95m	16-2.75
1,500 Meters	John Irvine	1982		4:24.43
First Day Total	Dannie Jackson	1979		4,286 pnts
Second Day Total	Jeff Mont Pas	1980		3,758 pnts

+ - time converted from yards using IAAF tables; w - wind aided; n - non-winning mark; h - hand time conversion • - mark attained in heptathlon

ALL filed marks are listed metric first, imperial second; Current student-athletes in **BOLD**

MEN'S OUTDOOR RECORD BOOK [Updated May 10]

RELAY EVENTS

4X100 METER RELAY

1.	Ron Brown, LaMonte King	1979	38.78	
	Greg Moore, Dwayne Evans			
2.	Howard Henley, LaMonte King	1982	38.93	
	Willie Jones, Ron Brown			
3.	Charlie Wells, Steven Williams	1975	38.96	+
	Carl McCullough, Herman Frazier (39.19y)			
4.	Dwight Phillips, Tony Berrian	2000	39.01	
	Jim McGee, Marcus Brunson			
5.	Greg Moore, LaMonte King	1981	39.05	
	Willie Jones, Dwayne Evans			
6.	Dwight Phillips, Tony Berrian	1999	39.06	
	Jim McGee, Marcus Brunson			
	Steven Williams, Tony Darden	1977	39.06	+
	Gerald Burl, Herman Frazier (39.29y)			
	Leon Tubbs, Willie Jones	1982	39.06	
	Walter Haywood, Howard Henley			
9.	Ron Brown, LaMonte King	1981	39.12	
	Greg Moore, Dwayne Evans			

4X200 METER RELAY

1.	Greg Moore, Dwayne Evans	1981	1:20.37	
	Willie Jones, LaMonte King			
2.	Greg Moore, Dwayne Evans	1981	1:20.44	
	Howard Henley, Willie Jones			
3.	Gary Burl, Tony Darden (1:22.7y)	1977	1:21.00	+
	Gerald Burl, Herman Frazier (World Record at the Time)			
4.	Ron Brown, Willie Jones	1982	1:21.01	
	Howard Henley, LaMonte King			
5.	Greg Moore, Tony Darden	1978	1:21.80	
	Reggie Williams, Gerald Burl			
6.	Charlie Wells, Steven Williams	1975	1:21.90	+
	Carl McCullough, Herman Frazier (1:22.4y)			
7.	Vince Jones, Greg Moore	1980	1:21.96	n
	Howard Henley, Dwayne Evans			

4X400 METER RELAY

1.	Steve Fitch, Domenik Peterson	<u>2004</u>	3:01.51	n
	Jason Barton, Lewis Banda			
2.	Clifton McKenzie, Gerald Burl	1977	3:01.74	+
	Tony Darden, Herman Frazier			
3.	Jason Barton, Seth Amoo	2003	3:02.81	
	Steve Fitch, Lewis Banda			
4.	Michael Campbell, Marcus Brunson	2001	3:02.89	n
	Pete Lopez, Tony Berrian			
5.	Michael Campbell, Marcus Brunson	2001	3:03.10	
	Jason Barton, Tony Berrian			
6.	Clifton McKenzie, Greg Moore	1978	3:03.23	+
	Gerald Burl, Tony Darden			
7.	Mike Barrick, Henry Carr	1963	3:03.43	
	Ron Freeman, Ullis Williams			
8.	Clifton McKenzie, Rick Walker	1976	3:03.49	
	Carl McCullough, Herman Frazier			
9.	Leon Tubbs, Mike Sullivan	1982	3:03.81	
	Howard Henley, Willie Jones			
10.	Ray Manning, Carl McCullough	1973	3:03.93	+
	Gary Lewis, Maurice Peoples			

4X800 METER RELAY

1.	Pete Richardson, Eddie Davis	1984	7:08.96	
	Treg Scott, Mike Stahr (Collegiate Record)			
2.	Greg Halver, Jay DeGroot	<u>2004</u>	7:30.16	n
	Jeff Dodge, Dan Maher			

SHUTTLE HURDLE RELAY

1.	Mark Boyd, Sammy Bryant	1986	55.79	n
	Matt Zuber, Andrew Parker			
2.	Mark Boyd, Robert Rucker	1987	57.13	n
	Chad Burnett, Andrew Parker			
3.	Dannie Jackson, Kyle Arney	1977	57.30	h
	Rick Walker, Gary Burl			
4.	Bob Adler, Dave Smith	1975	57.80	h
	Rick Walker, Gary Burl			
5.	Bob Adler, Pat Clifford	1974	59.10	n h
	Dave Smith, Gary Burl			

+ - time converted from yards using IAAF tables; w - wind aided; n - non-winning mark; h - hand time conversion • - mark attained in heptathlon

ALL filed marks are listed metric first, imperial second; Current student-athletes in **BOLD**